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Journey Through Life Ministries

VICTORY OR DEFEAT

Amazing Grace

Amazing Grace! How sweet the sound, That saved a wretch like me! I once was lost, but now I'm found, was blind, but now I see.

T'was Grace that taught my heart to fear, and Grace my fears relieved. How precious did that Grace appear, the hour I first believed.

Through many dangers, toils and snares, I have already come. T'is Grace hath brought me safe thus far, and Grace will lead me home.

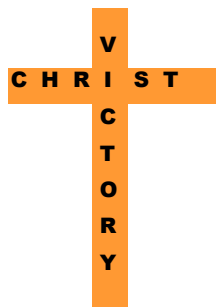
The Lord has promised good to me, His word my hope secures. He will my shield and portion be, as long as life endures.

Yea, when this flesh and heart shall fail, and mortal life shall cease, I shall possess, within the veil, a life of joy and peace.

There is a very popular TV commercial that says "life comes at you fast!" Boy, that statement holds a lot of truth! As Christians, life often comes at us fast, because the enemy, Satan, wants to keep us busy with distractions of discouragement and confusion, which keeps us from making the right choices in our Christian life.

How often do you plan your day only to have it disrupted with bad news wanting to dictate your life; a loved one has been diagnosed with a critical illness; just got laid off from your job of fifteen years; your spouse tells you they don't love you anymore and wants a divorce; your child is misbehaving in school; you car just died; problems with your boss; your business is failing; you're having financial problems – I could go on and on. Unfortunately, every one of us have been affected by one or more of these "life comes at you fast" situations, so the question is – how do you handle these "life comes at you fast" situations? Do you lift your voice up in "victory praises to God?" Or do you raise the "white flag of defeat" to the devil?

The Bible calls these "life comes at you fast" situations "trials and tribulations." Do you realize these trials are just obstacles from Satan aimed at keeping you from trusting and believing our Heavenly Father for a victorious Christian walk? Jesus says the thief (Satan) cometh not, but for to steal, and to kill, and to destroy; but He (Jesus) came to give us life and life more abundantly (John 10:10) and that includes a victorious and joy-filled Christian life. We don't have to accept what Satan throws at us. The choice is yours: lift your voice in victory praises to God or raise the white flag of defeat to the devil.



Yes, all Christians at one time or another will experience trials and tribulations. These experiences can be tough at times and you may feel like everyone has deserted you. You may even experience a time when nothing seems to go right for you and perhaps you begin to take on

the "complaining and grumbling" attitude. Satan will even trick you into blaming God for these trials and tribulations, because at times you may feel like God doesn't hear you or heaven has been shut up from you. Stop right there! God says He will never leave you nor forsake you. God is closer than you think. So, let's think about this for a moment – who does the Bible say is the author of confusion, discouragement, doubt, fear and unbelief, destruction and division? You're right, Satan! Are you going to allow his lies and trickery to defeat you?

Our victories begin when we learn how to praise God in the midst of a trial. I found 43 scriptures telling the importance of praising God when troubled. Three of the scriptures are identical in meaning (*Psalm 42:5, Psalm 42:11, and Psalm 43:3) asking the reader why is your spirit cast down and why are you troubled? Put your hope and trust in God. Praising Him for His presence and help in the midst of your trial.

Learning how to praise God starts with a: **Relationship.** Spend time reading the Bible so you can learn God's ways. You will discover Him as a loving and caring Father who hovers over

(cont'd on page 4)



FINANCIAL FITNESS—PART 2 "CONTROLLING MONEY"

In Part I, we learned that everything we have belongs to God and that we are stewards of the resources (money, homes, cars, clothes, etc.) that God has entrusted to each of us.

Luke 19:11-27 tells the story of a master giving his servants talents to manage in his absence. I believe God is revealing to us through this story that money is a tool, a test, and a testimony. In Part I, we learned that money is a tool in which we use to conduct business for our livelihood and a tool to invest into God's kingdom. In Part II we'll discover that money is a test to: measure our growth; our ability to obey and learn; and to establish our rewards for how well we pass the test. God wants us to learn how to live independently of the world's marketing strategies that trick us into becoming slaves to the lender by borrowing on time. As good stewards, we should always be aware of our financial status and learn how to plan for future expenses by managing the resources entrusted to us using Biblical principles.

So let's get started

learning how to be faithful stewards with the resources that God has put into our hands.

When managing finances, I believe in keeping it simple! Don't get too detailed or analytical, otherwise you will become discouraged and quit. I have come up with four basic steps to help you manage your finances wisely: organization, visualization, planning, and budgeting.

First, let us get organized! Organization is a key ingredient in managing your finances. You will need to purchase two (2) 13 pocket accordion folders, 13 5x7 manila envelopes, and 12 manila file folders. With one of the 13 pocket folders, label each divider as follows: List of Bills; 1st Month; 5th Month; 10th Month; 15th Month; 30th Month; Immediate Attention; Car Insurance Policy, and Bank Statements. These labeled pockets are due dates for your current and incoming bills, and easy access to insurance policies that are renewed bi-annually and bank statements. Label the manila file folders January through December (with current year).

Now go throughout your house and gather up all your bills/statements, past-due notices, car insurance policy, and bank statements. Open each bill, throw away advertisements. Review each bill for any changes to your bill, review the due date and payment amount. Write the due date and payment amount on the outside of the envelope, fold statement and place it back into the envelope. Take the envelope and place it into the appropriate 13 pocket folder according to due date. Place insurance policy and bank statements in appropriate folders.

When collecting mail on a daily basis, do not put mail aside for later; as soon as you put mail into your hands, walk to the garbage can, throw away temptation, those advertisements, open your bills, review them, mark payment amount and due date on envelope and place them in accordion folder according to due date. Do Not Procrastinate doing this! This is an important step in staying organized and paying your bills on time.

(con'td on page 5)

No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, saith the LORD

Isaiah 54:17

QUESTIONS AND ANSWERS

Q. Who wrote the Bible?

A. The Bible was written by holy men, inspired by God. (2 Peter 1:20-21 - Knowing this first, that no prophecy of the scripture is of any private interpretation. For the prophecy came not in old time by the will of man: but holy men of God spake as they were moved by the Holy Ghost.)

Q. How did Mary, Jesus' mother, become pregnant?

A. Mary conceived by the presence of the Holy Spirit (Matthew 1:18—Now the birth of Jesus Christ was on this wise: When as His Mother Mary was espoused to Joseph, before they came together she was found with Child of the Holy Spirit.)

Email your question(s) to: journeylife@verizon.net

Pneuma Center for Biblical Guidance

Join us for worship

- Sunday 10:00 a.m.
- Wednesday 7:30 p.m.
- Friday 7:30 p.m.

704 Sherwood Avenue
Pittsburgh, PA 15204
412-412-3054

Elder Vincent D. Moye, Jr.



The Virtuous "Teen" Group have been very busy these past few months. Our meetings have been very informative teaching us life principles. We are currently doing "Dream Collages" detailing our individual life goals to help us have a road-map to follow.

In the month of March we attended a Youth Concert. At the concert there

VIRTUOUS "TEEN" GROUP

were "Stompers" from Peabody High School and Mime Dancers. They were great! The featured performer was Minister Prozpera"D". He sang Christian Rap. He rapped about the life and times of Jesus and the need for salvation. It was great! After his performance, he talked to all the children about his life and how Jesus saved him. After his testimony, many children got saved by accepting Jesus into their life.

In April, for Easter, we made "Jelly Bean" Cards for Senior Citizens. On Saturday, the day before Easter, we delivered the "Jelly Bean" Cards along with sweet treats to the Seniors at four personal care homes. The Seniors enjoyed our visit as much as we enjoyed doing something special for them. Many of the Seniors invited us to come back for a longer visit to talk to them and read to them.

If you are interested in becoming a member of our group please call 412-731-3450 or email journey-life@verizon.net for more information.

Aliyah Snowden



Minister Prozpera"D" & Virtuous Teens

FAMILY CORNER—WHAT IS YOUR HERITAGE?

What does it mean to have a "heritage?" The dictionary defines it as: *the characteristics, traits and monetary gains of a family passed from one generation to the next; the culture, traditions and national assets preserved from one generation to another.*

All families like to believe that they have a heritage that has been passed down from generation to generation - a heritage that they like to keep alive and pass on to their children. But did you know that God has given individual families a "heritage?" As parents, God has given us a wonderful blessing through children (Psalm 127:3-5). God wants us to teach them the rich ancestry that they have in our Heavenly Father.

Using *Proverbs 22:6, God instructs us to invest into our children by nurturing them and preparing them for the future. We should invest spirituality into our children by training and teaching them how to live using Godly principles through the Word of God

(*Deuteronomy 11:19). Our children will not be exempt from the attacks of the enemy. The enemy, Satan, won't wait until they are grown to attack them, he starts while they are young. He plants seeds of fear, doubt and insecurity into their little minds by the negative actions of other people and what they observe daily. Teaching our children the power of prayer and how to talk with God will help them develop a trust relationship with Him, and when they are tempted by the enemy or hurt by other's actions they will know who to go to for help.

It is also very important to invest spiritually into our children by teaching them the importance of attending a Bible believing church and the need for participating in God's house of worship. This will help prepare them for life issues. They will be taught how to forgive and how to love one another as Christ loves us; whereby increasing their inner strength and boosting their self esteem. Investing spiritual wealth into your children is just as important as secular education, together these two forms of education will be an equal balance

for their future.

We can nurture our children by creating an atmosphere of love and security for them. With so much unrest in the world, children need the assurance of stability in their home life. Allow them to see God's love through your life as a pattern to follow. Try to keep a good balance between secular activities and church activities - God's Word says we should be in the world, but apart from the world. More importantly, the more time you spend with your children encouraging them, teaching them, and showing interest in their achievements will have a greater influence in their life for the future more than any activity.

Preparing children for the future is a very important and often times difficult step for parents. We don't want our children to feel as if they have to do without or they are

(Cont'd on page 8)

VICTORY OR DEFEAT (CONT'D)

His children and delights in them! And, calls us "the apple of his eyes!" Time spent with God will strengthen you to go through your trials.

In a relationship, we brag about the people we love and the things we share with our loved ones, so why not include the Father in those bragging moments? Brag about His love for you and how He's kept you and provided for you all these years! And, let God court you and teach you His ways – but be careful, you may begin to enjoy those special moments with God.

Communication: God already knows your situation, nothing takes Him by surprise. Partnership yourself with the Father and tell Him what's troubling you – He wants to hear from you! Jesus would get up early in the morning to communicate with the Father. He would also steal away from the crowds and the busyness of the day and go up into the mountains to communicate and spend quiet time with the Father. These alone moments with God empowered Jesus and refreshed Him to handle the trials He had to endure.

Let us use Jesus' example for our life and steal away from the busyness of our life. Go for a walk and talk with the Father, or find a private mountain in your home to communicate with Him. During those quiet moments with the Father, listen for His "still small voice" communicating to you His com-

fort and reassurance.

He also wants to communicate to you that when life comes at you fast, these are not abnormalities, they are trials and tribulations, and He's allowing us to go through these trials. He says "don't think it strange when these trials come upon us, but rather glory in tribulation, knowing that tribulation worketh patience; and patience, experience; and experience, hope." What good news! These trials will make us stronger and build our character, giving us hope to endure. So next time a trial comes our way, we won't be so easily tricked by the enemy.

Spirit: Fill your spirit with songs of praise and worship. Singing praise music within your spirit will supernaturally lift up your down cast spirit and fill you with joy from the Father. Change who you hang around with, turn off the TV, pick up your Bible and get on your knees. Also, fellowship with Christians who are prayer warriors. Ask them to pray for you and with you. Memorize scriptures that relate to your trials and repeat them to your spirit.

God says, He already has a plan to give you victory over any or all trials or tribulations that come your way. Go through these trials "singing praises of victory to God," not complaints of defeat. This trial is only a temporary test, it came to past, it didn't come to stay!"

Ask God to help you go through this test, and He will strengthen you by giving you the grace to go through it.

Strength: Spending time with God and learning how to praise Him – will empower you with renewed strength. Your trial won't seem as big as you once thought. Your faith will become stronger and you will develop a peace from God that no one can take from you; His peace is knowing and believing that He will take care of every aspect of your life. And, most importantly you will have learned how to "praise Him in the midst of your trials," depending on Him to deliver you or carry you through these life situations.

Imagine yourself as an Olympic runner! You're racing to the finish line, you're almost there, just a few more laps, you're going to make it, your trial is almost done! Now imagine Jesus on the other side of the finish line, waiting to praise you for a victory "well done."

So, right now I challenge you to confirm to yourself: "I am victorious in Christ Jesus who strengthens me." I can do all things through Jesus Christ who strengthens me. Now get out there and finish the race!!! You can do it!

Remember the choice is yours: "lift your voice in victory praises to God or raise the white flag of defeat to the devil."

**Psalm 42:5, Psalm 42:11, and Psalm 43:3: Why art thou cast down, O my soul? and why art thou disquieted in me? hope thou in God: for I shall yet praise him for the help of his countenance.*

HAPPY MOTHER'S DAY

To every woman who has been a willing vessel through which the grace and kindness of Jesus Christ has flowed to the heart of a child, we honor you.

To every mom who has put personal goals and dreams aside to give her all to the upbringing of her children, we praise you.

To every grandmother who

has lovingly taken on the role of teaching her grandchildren the goodness and mercy of our heavenly Father, we thank you.

To every mother in the world who has chosen life and allowed God to knit together a child in her womb to fulfill His purpose and reveal His glory, we celebrate you.

For the countless days each

one of you have sacrificed time, exercised patience, given tirelessly, loved unconditionally, and prayed faithfully, we ask God in turn to give you strength, mercy, joy, comfort, wisdom, and hope. And even though we have but one "Mother's Day" each year, we know that you are serving God every day—and shaping the life of a child is one of the greatest and most important

purposes He gives. Thank you for accepting it...and nurturing the gift that He's presented to you.

May you treasure the happy moments, be strengthened through the trials, and find comfort in His mercies at the beginning and end of every day. Happy Mother's Day!



PRISON MINISTRY

Prison Ministry is indeed a great ministry for me as a Religious Advisor and one who spends many hours monthly reading letters from inmates as well as spending time listening to their stories.

When I answer inmates letters and send them Holiday Cards or just a note with words of encouragement, it lifts their spirits and gives them hope for another day.

It gives me a bigger heart of compassion as I go through my files to review their stories. As I do this, I visualize in my mind, if I were incarcerated, what would I want from others on the outside? I came to the conclusion that I

would definitely love getting mail or visitors; also regardless of what my situation, it gives me dignity as a person to know *"I am not forgotten."*

The real answer for this is "hope," we all need hope throughout our journey in life; no matter who we are or what our station in life. Without hope along the way, our journey could easily come to a dead end street or the end of our road. Webster's Dictionary defines hope as: to cherish a desire with expectation of fulfillment; to long for expectation or obtainment. From a Biblical standpoint, hope means: trustful, expectation, particularly with refer-

ence to the fulfillment of God's promises.

An example found in scripture is Psalm 42 verses 5 and 11. The author of this chapter is crying out with a longing for God's help. Regardless where you stand on the subject of hope, God's Word is full of examples to give us hope, all we have to do is seek Him with our whole heart and give our body, soul, and mind to Him through Jesus Christ, that is the "complete hope" that every man or woman from Adam until this present time is really longing for.

Elder Charles Head



And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us.

Romans 5:5

FINANCIAL FITNESS—PART 2 "CONTROLLING MONEY" (CONT'D)

If you have a computer and access to the internet, it would be a great idea to sign up with online banking with your bank. This is a great way to pay your bills online and keeping track of your check balance on a daily basis. After paying bills, place your copy of the statement in the appropriate manila file folder. (Do not discard old statements, please shred them.)

Secondly, it's time to get visual. Using the enclosed insert called "List of Debts" list all your debts on the form; do not include bills such as utilities, cable, cell phone or home phone. Debts are credit cards, mortgage(s), personal loans, car loans, student loans, etc. This will give you a visual assessment of your financial status of debts owed.

With the second insert "Financial Statement" list all your assets and liabilities.

Assets are cash, savings account, checking account, fair market value of your home and cars, IRA's, Investments, etc. Liabilities are outstanding mortgage(s), credit cards, car loans, personal loans, student loans, etc. This procedure will give you a visual of your financial *net worth. Your assets should be greater than your liabilities (if your liabilities are greater than your assets, you're in financial trouble and should seek a financial coach and God's help in designing a plan to help you eliminate your debt).

Finally, create a "cheat sheet" **List of Bills** due monthly, such as cable, phone, utilities, credit cards, etc. (sample insert). This cheat sheet will be used as a monthly visual and reminder to make sure you don't forget to pay any of your bills.

Now, take a breather and review your List of Debts

and Financial statement. How does it make you feel to be organized? Your bills are all in one place—you don't have to search the house for them; and you know your Financial Net Worth? Great job! Now, put the cheat sheet along with the List of Debts and Financial Statement into the folder labeled "List of Bills."

I would recommend doing a visual update of the "List of Debts" and "Financial Statement" forms on a quarterly basis.

Next quarter we will begin step 3 & 4 "Planning and Budgeting" at that time we will learn what to do with the second accordion folder and the 13 manila envelopes.

*Net Worth for an individual, the value of a person's assets, including cash, minus all liabilities. The amount by which the individual's assets exceed their liabilities is considered the net worth of that person.



Bad financial habits, like weeds, once out of control, can seem overwhelming to tackle

BIBLE TRIVIA



The Word of Life

1. Another name for Jesus' Sermon on the Mount is: (Matthew 5):
 - a. Beatitudes
 - b. Attitude Adjustments
 - c. Beatniks
 - d. Assertiveness Training
2. What did Jesus say would not prevail against His church (Matthew 16:17-18)
 - a. The sins of mankind
 - b. The armies of Satan
 - c. The gates of Hades
 - d. The forces of evil
3. What Roman official asked Jesus to heal his servant? (Matthew 8:8)
 - a. A centurion
 - b. A general
 - c. A proconsul
 - d. A governor

1. a 2. c 3. a

FOUR SPIRITUAL LAWS

For God so loved the world that He gave His only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

(John 3:16)

- | | | |
|---|---|--|
| <ol style="list-style-type: none"> 1. God loves you and offers a wonderful plan for your Life. 2. Man is sinful and separated from God. Therefore, he cannot know and experience God's love and plan for his life 3. Jesus Christ is God's only provision for man's sin. | <ol style="list-style-type: none"> 4. We must individually receive Jesus Christ as Savior and Lord; then we can know and experience God's love and plan for our lives. | <p>Through Him you can know and experience God's love and plan for your life.</p> <p>We receive Christ through personal invitation. Ask Jesus into your life today. Ask him to forgive you of your sins and invite Him to come into your heart and save you. That's all you have to do:</p> <p>CONFESS YOUR SINS, ASK HIM INTO YOUR HEART, AND, RECEIVE THE GIFT OF ETERNAL LIFE.</p> |
|---|---|--|

HAPPY FATHER'S DAY

DAD

God took the strength
of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,

The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined
these qualities,
When there was nothing
more to add,
He knew His masterpiece
was complete,
And so, He called it ... **Dad**

The righteous man
walks in his integrity;
his children are
blessed
after him.

Proverbs 20:7

THE ROSE—BY FLORA OSGOOD

O, beautiful rose, please tell me,
 For I would like to know
 Why I must crush your petals
 That the sweet perfume may flow.
 O life that is clothed in beauty,
 Perhaps like that wonderful rose
 You will need to be crushed by suffering
 If the radiance of your life must glow.
 A life that is crushed by sorrow
 Can feel for another's grief,
 And send out that fragrance of love
 That will bring some heart relief.
 O, do not repine at your testing
 When called to pass under the rod;
 For your life the sweeter will be
 If blest by the hand of God.
 Then let us rejoice when He sendeth
 Some sorrow or hardship that tries;
 And be glad to be crushed as the rose leaf
 That a sweeter perfume may arise.

Would you like to make a donation to one of our ministries? You can by mailing any size donation to Journey Through Life Ministries; P.O. Box 17968; Pittsburgh, PA 15235. Thank you in advance.

Prison Ministry



- Spiritual Literature Mailed out Weekly
- On-Site Visitations

Virtuous “Teen” Group

- Spiritual Awareness
- Workshops on Personal Development
- Training Skills Workshop
- Field Trips

Financial Awareness

- One-on-One Coaching
- Debt-Free Financial Seminars

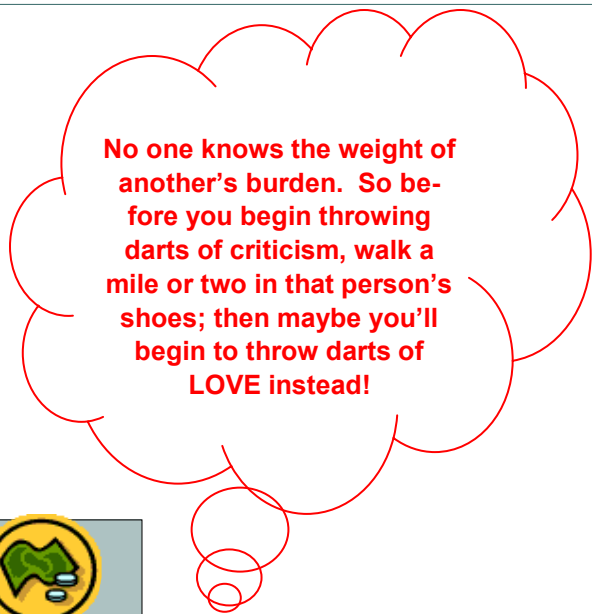
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<p><u>Financial Services</u></p> <ul style="list-style-type: none"> - Credit Consulting - Debt-Free Seminars - Business Plan Coaching - Debt Management Coaching - Budget Planning - Small Business Payroll - Bookkeeping 	<p><u>Administrative Services</u></p> <ul style="list-style-type: none"> - Clerical Services - Office Staffing - Resumes - Desktop Publishing - Mass Mailings - Research Papers & Proposal Typing
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Notary Service Available



412-731-1856

412-731-1858 (fax)

Beloved, **think** it not strange concerning the fiery trial which is to try you, as though some strange thing happened unto you:

1 Peter 4:12

**Journey Through
Life Ministries**

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Georgetta Head, Vice President

Journey Through Life Ministries' Newsletter is a quarterly publication promoting spiritual awareness and growth in the communities.

All articles written and edited by:
Charles Head
Georgetta Head

Please submit all comments and church calendar events to: journeylife@verizon.net.

Journey Through Life Ministries accepts articles provided they are related to spiritual awareness and growth. All articles will be edited for content & validity.

Please note that Journey Through Life Ministries does not publish political or opinion pieces.

WHAT IS YOUR HERITAGE? (cont'd)

different from other children. That's why it's so important to seek God's wisdom in raising the heritage He blessed each of us with; because we need to know how to instill into our children the correct discipline, values and morals; otherwise we risk the chance of our children being void of integrity and the ability to be responsible future men and women. God says if we ask, and ask believing we shall receive, so ask God for help believing that He will assist you in raising your children with reverence, love and admonition for the Lord. We want the best for our children, but remember God does too!

Last, but not least, God has given every child a different personality, gift and ability to eventually be used for His kingdom. As God makes these gifts known, we should encourage our children to master these gifts and talents. Let them know also that when using them for God's kingdom they will be greatly rewarded. Because God says, when we seek His kingdom, all other things will be added (Luke 12:31). Children are our future, so give them the right start in life with the "right foundation – Jesus."

*Proverbs 22:6: Train up a child in the way he should go: and when he is old, he will not depart from it.

**Deut. 11:18-19: Therefore shall ye lay up these my words in your heart and in your soul, and bind them for a sign upon your hand, that they may be as frontlets between your eyes. And ye shall teach them your children, speaking of them when thou sittest in thine house, and when thou walkest by the

PUZZLE

The words listed below are all in the Scripture in the story. They can be found up and down or across, backward or forward, in the puzzle square.

K	C	I	S	W	O	R	T	H	Y
A	M	F	L	R	B	N	H	G	E
R	S	K	I	N	G	D	O	M	T
E	C	O	V	H	C	T	U	D	U
C	F	R	E	E	L	Y	S	J	L
E	P	I	D	U	E	F	E	Q	A
I	V	G	H	E	A	V	E	N	S
V	R	W	A	H	N	B	S	X	I
E	C	T	N	E	S	I	A	R	Y
D	E	A	D	J	E	D	U	L	Z

**CLEANSE
DEAD
DEVILS
FREELY
HAND**

**HEAVEN
HOUSE
KINGDOM
RAISE
RECEIVED**

**SALUTE
SICK
WORTHY
YE**

Delight yourself in the LORD and he will give you the desires of your heart. Commit your way to the LORD; trust in him and he will do this: He will make your righteousness shine like the dawn, the justice of your cause like the noonday sun.

(Psalm 37:4-6)

Supported Ministries:

*Virtuous Women Life
Skills Workshop*

Virtuous "Teen" Group

*Job Readiness
Program*

Prison Ministry

*"Shoe Boxes For
Seniors"*

*Annual Children's
Bible Bee*

Financial Awareness:

*Debt-Free Workshops
Financial Seminars*