

Volume 1, Issue 1 First Quarter 2008

## Don't Quit

When things go wrong, as they sometimes will,
When the road you're trudging seems all uphill,
When the funds are low, and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit,
Rest if you must, but don't you quit.

Life is strange with its
twist and turns,
As everyone of us
sometimes learns,
And many a failure
turns about,
When he might have won had
he stuck it out;
Don't give up though the pace
seems slow,
You may succeed with
another blow.

Success is failure
turned inside out,
The silver tint of the
clouds of doubt,
And you never can tell how
close you are,
It may be near when
it seems so far;
So stick to the fight when
you're hardest hit,
It's when things seem worse
that you must not quit.

# WAITING PATIENTLY

Everywhere you look people are in a hurry! People are constantly rushing here and there, but never seeming to accomplish much. We live in a very rushed and frustrated society - better known as "stress-filled." This fastpace society is so well accepted that it has been nonchalantly entitled the "microwave generation." We have been programmed to want what we want now. No waiting, no planningjust buy it now! Just do it now! Leaving us with a buy now, pay later attitude!

Unfortunately, some Christians have allowed this "have it now" attitude to interfere with their relationship with God. Christians pray to God with their petitions and needs, and then expect Him to respond or answer immediately. When an immediate response doesn't happen then they become doubtful believing that God doesn't care about them or their loved ones; or they become angry and impatient. why is everyone in a hurry?

And why have we become so impatient in waiting?

\*\*Psalm 40:1-3 gives us the answer. Psalm 40 details the rewards one receives for "waiting patiently." A treasury of hope, eternal salvation, deliverance and joy unspeakable. These are the rewards the devil doesn't want us to



know about, so he keeps us busy in a fast-paced life anxious about nothing.

God hears us and He can easily bless us with materialistic things, but His primary goal is for us to learn how to have a priceless and valuable relationship with Him. A relationship that will make us stronger for the long-term and to prepare us for the future (eternal life).

As we wait on God, we will learn that a fast-paced life offered by the devil is fruitless, leaving us empty and unhappy. But as we wait patiently on the Lord we will begin to understand the realization of 1) Contentment. Being happy with what God has already blessed us with and where He has placed us. 2) Forgiveness. Forgiving one another and being at peace with 3) Victory. one another. Trusting and believing all things are possible with God. 4) Witness. Letting your light shine before men. Witness and plant seeds for God's kingdom.

No matter what your current or past situation, you don't have to accept the attitudes of "this world." As you apply God's principles into your life, you will soon discover that God was already at work behind the scenes setting up the right conditions and positioning

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Don't compare yourself with others. Each of you must take responsibility for doing the creative best you can with your own life. (Galatians 6:5)

## FINANCIAL FITNESS—PART 1 "CONTROLLING MONEY"

Do you control your money or does your money control you? Do you play the "IF" game? "If I had enough money, I would buy this or that?" "If I had enough money I would be happy," IF, IF, IF....

Unfortunately, money was never designed to make one happy. Buying things and keeping up with the "Joneses" will only give you temporal happiness, leaving you empty and unsatisfied afterwards.

Do you want to become debt free, be able to save and

plan for the future? It starts with learning to take control of your money.

So many of God's children have fallen for Satan's lies and traps. He has us believing we are living the "American Dream" by desiring bigger houses, multiple cars in the driveway, TV's in every room; designer clothes, etc. If you have fallen into this trap, ask yourself, who is laughing all the way to the bank, and who is now drowning in debt?

The original "American

Dream," as I remember reading, was the pursue of freedom, justice, life, and liberty for all to freely worship the living God —not accumulating possessions.

Do you want to become debt free and live your life the way God intended for each of his children? The **first step** begins with the renewing of your mind (Romans 12:2). You must change the way you think about "your money." It doesn't belong to you. Every-

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## QUESTIONS AND ANSWERS

#### Q. Should Christians have goals and plans?

A. Yes. Goals are your dreams and desires that you would like to accomplish. Plans are action steps that are needed to accomplish your goals. God say's "A righteous man plans his ways, but God directs his path." (Habakkuk 2:2 - And the LORD answered me, and said, Write the vision, and make it plain upon tables, that he may run that readeth it.)

#### Q. What happens if I don't forgive someone who hurt me?

A. God will not forgive your sins. God say's "But if you do not forgive men their sins, your Father will not forgive your sins." Matt. 6:14-15

Email your question(s) to: journeylife@verizon.net

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# Waiting Patiently (cont'd)

people that will be needed to accomplish what He has planned for you. He's just waiting for you! Then at the right moment, in God's timing, He is going to deliver you from that trial and establish your goings. As you see and feel the victories in your life, you will become excited and blessed with a "new testimo-

ny." As you share your new testimony, others will want what you have. They will want to know the "Rock" of deliverance that has transformed your life through Christ Jesus. Ask God to teach you to wait patiently on Him. There is great reward if you do!

\*\*Psalm 40:1-3 says, "I waited

patiently for the Lord and He inclined and heard my cry. He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings. And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD."

And so after waiting patiently,
Abraham received what was promised.
(Hebrews 6:15)

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The Virtuous "Teen" Group is an all girls group. When we come together we have fun experiencing different activities and spiritual growth.

Meetings are every other week. During these meetings we, read verses from the Bible and discuss how it applies to our life. We are learning how to discuss everyday issues and the im-

# VIRTUOUS "TEEN" GROUP

portance of the "golden rule" - Love one another. We also on field trips.

Just recently, for the Christmas season we all got toaether and delivered Christmas "shoe boxes" to senior citizens at four senior care homes. While there, we sang several songs to the elderly.

Also our group is learning how to be successful business ladies. We will learn to make products, sell them to the public, and learn how to manage our money in order to become business savvy teens.

Being a Virtuous "Teen" Group member is not only fun but a great learning experience, because we will learn how to conduct ourselves as young ladies in the areas of attitude, how to dress, experience cultural events and how to respect ourselves and others. And most importantly learn about

how much God loves us.

If you are interested in becoming a member of our group please call 412-731-3450 or email journeylife@verizon.net for more information.

Aliyah Snowden



## FAMILY CORNER

Sticks and stones may break your bones, but names will never hurt you.

Remember that nursery rhyme? Well it's wrong! The Bible states that the tongue (words) has the power of life and death.

People have the power with their tongue to "build up" or

"tear down" one another with their words. Words are very important and they do hurt.

Parents buildup your children by affirming them with words that create security in their lives. Children copy adults, so how you talk to and treat your children is how they will treat others.

Husbands and wives encourage one another with pleasant words. Building each other up with words of affirmation. God's Word says: "Pleasant words are as a honeycomb, sweet to the soul, and health to the bones" (Proverbs 16:2)

Keep your family healthy with Words of Life, not death.

The tongue has the power of life and death, and those who love it will eat its fruit. Proverbs 18:21

## PRISON MINISTRY

Love is God's greatest force to reach out to fallen man. We are all a part of the fall because of Adam (Genesis 3:1-24).

Without God's love and mercy none of us would be here on earth, but because He loves us so much, He has provided

Him through his Son Jesus God. As a result of this we Christ (1 Tim. 2:5-6).

Before the new covenant through Jesus, all of mankind's sentence was an eternal hell. Jesus became our lawyer in Heaven by pleading

a way to redeem us back to our defense to the judge are pardoned, "if" we accept what Jesus has done at Calvary for us; He took the penalty for our sins, therefore we can be redeemed from the judgment to come.

(cont'd page 5)

Answer to puzzle on page 6:

Christ both died, and rose. ...that he might be Lord both of the dead and living. (Romans 14:9)

## BIBLE TRIVIA



- 1. Cain quarreled with Abel because (Genesis 4:3-5):
  - a. Abel had been a made a keeper of sheep, but Cain only a tiller of the ground
  - b. Abel claimed a half-share in the property set aside for the sons.
  - c. Abel taunted Cain on his vicious habits
  - d. The Lord accepted Abel's offering, but not Cain's
- 2. The Lord set a mark upon Cain to (Genesis 4:14-15)
  - a. Protect him against murder
  - b. Warn others against him
  - c. Identify him as a tiller of the soil
  - d. Disfigure him
- 3. Methuselah lived (Genesis 5:5, 27)
  - a. 39 years longer than Adam
  - b. 515 years longer than Adam
  - c. 907 years longer than Adam
  - d. 203 years less than Adam

1. d 2. a 3. a

## FOUR SPIRITUAL LAWS

For God so loved the world that He gave His only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

(John 3:16)

- God loves you and offers a wonderful plan for your Life.
- Man is sinful and separated from God. Therefore, he cannot know and experience God's love and plan for his life
- Jesus Christ is God's only provision for man's sin.

Through Him you can know and experience God's love and plan for your life.

. We must individually receive Jesus Christ as Savior and Lord; then we can know and experience God's love and plan for our lives. We receive Christ through personal invitation. Ask Jesus into your life today. Ask him to forgive you of your sins and invite Him to come into your heart and save you. That's all you have to do:

CONFESS YOUR SINS, ASK HIM INTO YOUR HEART, AND, RECEIVE THE GIFT OF ETERNAL LIFE.

PLANNING A SPECIAL EVENT, NEED SOMEONE TO
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PROFESSIONAL ORGANIZER, WE DO THE
TASKS YOU DON'T HAVE TIME TO DO:
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Organize Your Life
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selected service.



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# PRISON MINISTRY (CONT'D)

God's love reaches out to "all" who call upon Him with a repentant heart. The love of God can lift us up out of our bondage, whether in a prison of our own mind or a prison behind bars. God's love reaches beyond who we may think deserves love as men. Where men rule, God overrules, because He has the last Word. God's eternal love includes those who at times feel that no one loves them because of their past. We can-

not change our past, but we can allow God to change our future by committing all to Him. It doesn't matter who you are or what you've done, because Jesus has "whosoever love for you." (John 3:16). Let God heal your broken heart today.

Elder Charles Head

Would you like to make a donation to one of our ministries? You can by mailing any size donation to Journey Through Life Ministries; P.O. Box 17968; Pittsburgh, PA 15235. Thank you in advance.

#### **Prison Ministry**

- Spiritual Literature Mailed out Weekly
- On-Site Visitations

#### Virtuous "Teen" Group

- Spiritual Awareness
- Workshops on Personal Development
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### Choices

Everyone has choices to make,

The choices are not trial-anderror guesses; they are informed by the commands of God.

Proverbs 16:16—Get wisdom, it's worth more than money; choose insight over income every time.

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"We are assured and know that all things work together and are for good to and for those who love God and are called according to His design and purpose. (Romans 8:28) First Quarter 2008 Page 6

#### Journey Through Life Ministries

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Charles Head, President Georgetta Head, Vice President

Journey Through Life Ministries' Newsletter is a quarterly publication promoting spiritual awareness and growth in the communities.

> All articles written and edited by: Charles Head Georgetta Head

Please submit all comments and church calendar events to: journeylife@verizon.net.

Journey Through Life Ministries accepts articles provided they are related to spiritual awareness and growth. All articles will be edited for content & validity. Please note that Journey Through Life Ministries does not publish political or opinion pieces.

## Financial Fitness—Part I (cont'd)

thing we think we own belongs to God. Deuteronomy 10:14 and Psalms 24:1 tells us that everything belongs to God. He has given us "stewardship" over these possessions, and one day we will be held accountable for how we have managed the money and possessions He has entrusted to us.

We must stop conforming to the beliefs of this world and allow God to help us transform our thinking about money. God is our resource and our lifeline. Before we can get right with money, and take control of it, we have to get right with God. Acknowledge God as our resource ("My God shall supply all "my" needs according to his riches in glory by Christ Jesus" (Phil. 4:19)) and become obedient to His Word. True prosperity is found in the Word of God not in money. Money is just a tool! It has no power or authority. It is an inanimate object! Money has been given to us as a tool for furthering His Kingdom. It is not a possession. Money is a tool by which God blesses and empowers His people. It is a tool by which He measures our commitment and spiritual relationship with Him. Secondly, learn to become a giver and not always a receiver. Use the "tool" God has given you to "tithe" 10% into His kingdom. Tithing is a "Kingdom Principle." Too many Christians say they can't afford to tithe-but guess what, "you can't afford not to tithe." God will not bless disobedience, so allow God to bless you and then He can use you to bless others. When we begin to understand the purpose of money, then we are well on our way to learning how to become debt free. Part II next quarter.

#### Supported Ministries:

Virtuous Women Life Skills Workshop

Virtuous "Teen" Group

Job Readiness Program

Prison Ministry

"Shoe Boxes For Seniors"

Annual Children's Bible Bee

#### Financial Awareness:

Debt-Free Workshops Financial Seminars

## PUZZLE

Write the letters from all squares marked "1" onto the lines below. Then write all the letters from squares marked "2" and then all the letters from squares marked "3". Divide the letters into words and you will find an Easter message.

(answer on page 3)

	1.	2.	0.	
	СН	ЕТ	тн	
1.	2.	3.	1.	2.
RI	H A	O F	ST	т н
3.	1.	2.	3.	1.
т н	во	E M	E D	т н
2.	3.		1.	2.
I G	E A		DI	н т
3.	1.	2.	3.	1.
D A	E D	вЕ	N D	A N
2.	3.	1.	2.	3.
L O	LI	D R	R D	V I
	1.	2.	3.	
	o s	во	N G	