

# *Journey Through Life Ministries*

## Your Spiritual Newsletter



**"This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success."**

*Joshua 1:8 (KJV)*

King James Bible Online .org

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Journey Through Life Ministries' Newsletter is a quarterly publication promoting spiritual awareness and evangelism in the communities.

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Journey Through Life Ministries accepts testimonies and questions provided they are related to spiritual awareness. All testimonies and questions will be edited for content & validity.

Please note that Journey Through Life Ministries does not publish political or opinion pieces.



### *Strength for Your Journey....."His Word"*

*Welcome to Journey Through Life Ministries' Quarterly Newsletter. We pray you will be blessed by the reading of these inspirational articles.*

*Our goal is to fulfill the great commission Jesus commanded in Matthew 28:16-20 to "...go and make disciples of all...."*

*This is being achieved by working with churches, professional organizations, social services, and the publication of this quarterly newsletter. As an outreach ministry in the communities, we also offer to adults and youth Biblical studies through various enrichment programs, motivational teachings, and discipleship workshops. All of these programs are created to help individuals to discover the "love" of God and who they are in Christ. And, finally these programs will help individuals to learn the "freedom" they have in Christ Jesus as they become "free" spiritually enabling them to live their lives walking victoriously in the destiny God has planned for them.*

### ***We Would Love To Hear From You!***

Do you have a testimony or praise report you would like to share? We would love to publish it! Your testimonies and praise reports are encouraging words of praise and glory of what God has done in your life—and it will be a great help to others in their walk with the Lord. Email your testimony to [journeylife@verizon.net](mailto:journeylife@verizon.net) or visit our website [www.journeythroughlifeministries.net](http://www.journeythroughlifeministries.net) (prayer request page).

## For Back Issues



Visit our website at:

[www.journeythroughlifeministries.net/newsletters](http://www.journeythroughlifeministries.net/newsletters)



***Shoe Boxes for Seniors*** is an on-going program drive. You can send donations any time during the year for the ***Shoe Boxes for Seniors Program***. Checks or money orders can be mailed to:

**Journey Through Life Ministries**

**P.O. Box 17968**

**Pittsburgh, PA 15235**

We are in need of: *Socks; Hats, Scarves; Puzzle Books; Men's Tee Shirts; Travel Mugs; Adult Coloring Books; Pill Boxes; Toothpaste; Tooth Brushes; Sugar-Free Candy and Cookies; etc.* Gift items can be dropped off at our Teaching Facility any Wednesday from 5:30 to 7:00 p.m. at 10529 Lindberg Avenue; Penn Hills, PA 15235.

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Visit JTLM's Blog site for weekly Inspiration  
<https://JourneyThroughLifeMinistries.com>

# His Word, His Truth

**Rev. Georgetta Head**

**A**s I sit here reminiscing in the past seasons of my life, I stop to pause during the season I did onsite prison ministry. The Lord allowed me a great opportunity to minister to men and women who needed uplifting and hope poured into their wounded souls. Each week, these men and women all from different backgrounds, families and belief systems, would pour their hearts out to me about their failures and wanting prayer for a better tomorrow. As I would minister to the same inmates and introduced to new inmates, I heard many superstitions and old wives tales from them in which they actually believed and practiced. The one most common belief, that bothered me the most, was many of the inmates believed because a parent or grandparent were saved they were saved. I was also told the saddest stories from these inmates, ones that brought tears to my eyes! A few of these stories were that many raised themselves on the streets; some grew up in households where both parents did drugs and they thought this was normal living! Others were verbally and physically abused by a parent; and many left home due to sexual abuse! Unfortunately, these stories are what lead these individuals to commit crimes that put them in prison. I truly believe if these inmates had had a good start in life by knowing our Heavenly Father, many would have had a different story to tell.

As I served as a volunteer chaplain, I realized the devil kept these inmates bound in their minds with lies about God. They were spiritually no different than any free person walking the streets. They had the same questions and disbelief system as people I ministered to outside the prison walls. Some questions asked were: "Why should people read the Bible?" "Since the Bible was written thousands of years ago how do we know that it's true?" "How do we know the Bible really helps people with their troubles?" How do we know God is real and not fiction? There were many more questions but for this article, I will focus on these four questions.

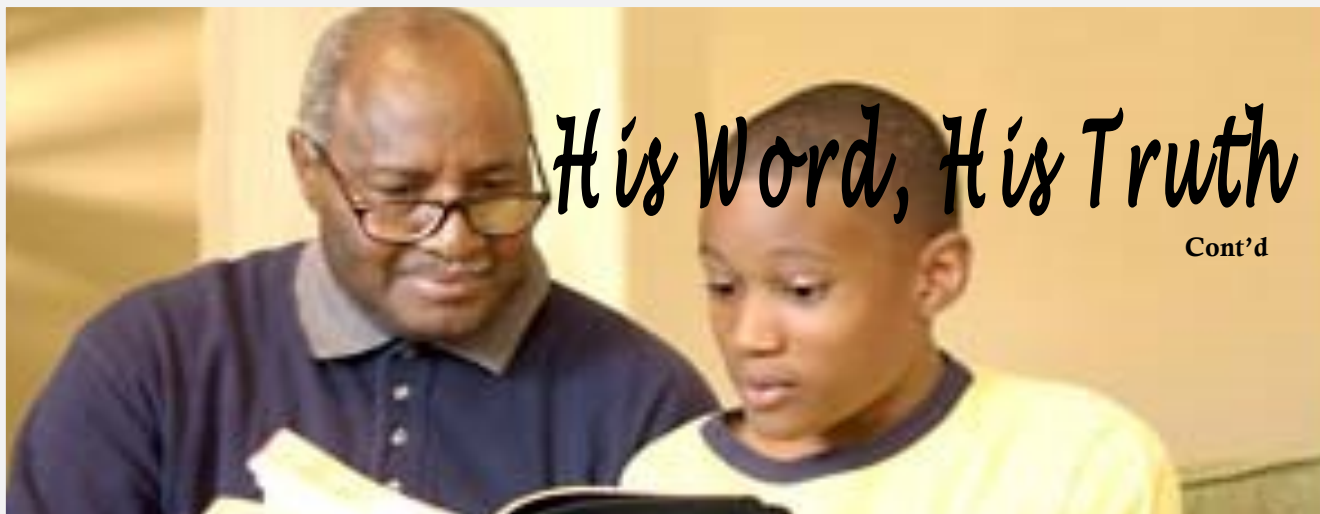
**Why should people read the Bible?** The devil's goal is to keep everyone from truths found in the Bible. He knows he will have a difficult task trying to deceive people once they discovered the truth; and that the truth found in the Bible can transform those seeking God and His salvation.

**The Bible is different than any book ever written!** It is alive through Holy Spirit. He enlightens the eyes of the reader giving them understanding of what they are reading. He is the third person of the Trinity who reveals and communicates the Word of God (Bible). John 6:63 reads *"It is the spirit that quickeneth, the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life"* (this is Jesus speaking). God's Word as I said is life that can set a drug addict free from addiction, life that can heal a broken marriage, life that can comfort a lonely soul, life that can convict a sinner to repentance, life that can set an alcoholic free, life that can change a prostitute from her wicked ways, etc. No matter the problem or situation, the Word can heal and restore a wounded lost soul.

I've seen firsthand how God's Word can teach an uneducated mother or grandmother wisdom to raise godly children; manage a household and how to become entrepreneurs. The truths and wisdom found in the Bible can ignite enough faith in a Believer to live a life of joy and peace in the midst of hard times, and faith to receive healing or whatever miracle they are believing God for!

The Word teaches godly believers how to live a fulfilled abundant Christian life free from fear and worry. John 1:1 says *"In the beginning was the Word, and the Word was with God, and the Word was God, all things were made by Him; and without him was not anything made that was made."* Friends, God is the Word and His Word is made alive by His Spirit. Holy Spirit dwells in all Believers and with our faith he reveals the deep things of God to a hungry heart.





**Since the Bible was written thousands of years ago how do we know that it is true?** God's Word is timeless. Romans 15:4 tells us that *"For whatsoever things were written aforetime were written for our learning, that we through patience and comfort of the scriptures might have hope."* Holy Spirit is saying what happened in the past is no different than what is happening right now in your life or in the world. These examples were written for our learning. Satan has no new strategies or ideas! He uses the same deception generation after generation. Unfortunately though, since many don't read the Word of God they are clueless to Satan's trickery and get caught in his prison of lies and deception, and become frantic when trials come their way. When we study the Bible, we will learn it is not only about what happened thousands of years ago, it also tells us our present and future happenings. God never leaves His children uninformed! God's Word is life changing! Finally, 2 Timothy 3:16 explains why the Bible was written and given to the world: *"All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness."* The Word of God is very profitable in one's life. Reading the Bible produces a changed life to the individual who chooses to study, believe, and is obedient to God's commandments.

**How do we know the Bible really helps people with their troubles?** Psalms 119:9 reads *"wherewithal shall a young man cleanse his way? by taking heed thereto according to thy word,"* and verse 11 reads *"thy word have I hid in mine heart, that I might not sin against thee."* When we make choices that are contrary to God's Word we are inviting trouble into our lives. When this does happen, reading the Word of God, however, can cleanse any man or woman who has fallen into sin. Why? Hebrews 4:12-13 gives us the answer: *"For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discernor of the thoughts and intents of the heart. Neither is there any creature that is not manifest in his sight: but all things are naked and opened unto the eyes of him with whom we have to do."* The Word of God, once again, is life changing, it can discern the thoughts and intents of anyone's heart. Nothing is hid or secret before God, He is quick to spot sin and unrighteousness in one's

heart. Our heart, which is the issue of our life can produce either good or bad actions. When we confess our faults, God is quick to forgive and/or save the offender.

Before God created mankind He knew we would have challenges in life. He didn't leave us without answers for our life's issues, such as money management, relationships, raising children, addictions, worry, depression, fear, etc. Obedience to God's Word is life changing! When we are obedient to the principles found in the Word for any of our life issues, our journey will be prosperous. Plus, as we confess our faults, He is just to forgive! He can and will deliver us from whatever trials that may come our way, and will rebuke our enemies.

**How do we know God is real and not fiction.** My personal life is a testimony to the truth of God's Word. I was transformed from death to life the day I accepted Jesus as my Lord and Savior. I've heard testimonies of people addicted to life threatening drugs and alcohol of how they were transformed into new creatures freed from the prison of death. A god, made with ones hands or evolution, can't change a person from death to life - only God and the truth of His Word can bring about a life transformed. We can only understand God and the things of God as we study the Word and we will never understand God through our natural mind, we can only know God through revelation by Holy Spirit as we worship God in Spirit and truth! Friends God is real! If we try to understand Him in our natural mind, we will never know Him.

Romans 1:19-21 tells us that mankind is without excuse for not knowing who God is, for God has made Himself known to all creation. All mankind know the truth! They know God exist and that He is a living God not made with hands. And, 1 Corinthians 1:18-19 tells us why many don't believe God is real! *"For the preaching of the cross is to them that perish foolishness; but unto us which are saved it is the power of God."* Friends, don't be counted with the foolish! Eternal damnation in hell, being tortured daily with fire that never dies is real. Chose life today! Chose eternity with Jesus, living forever without sorrow or pain, which is far greater than hell!



# "Kings of the Bible"

Jehoshaphat

Rev. Georgetta Head

**J**ehoshaphat was one the few godliest kings to reign in Judah, and he reigned from 873 to 848 B.C. with Jahaziel as prophet during his reign, along with Micaiah prophesizing to both Ahab and Jehoshaphat. His father was king Asa.

In the Books of Chronicles and Kings, Holy Spirit always introduces the kings as a godly or ungodly king, using king David as the measuring rod. In 2 Chronicles 17:3 & 6 we read, *"And the LORD was with Jehoshaphat, because he walked in the first ways of his father David, and sought not unto Baalim;"* and verse 6 reads: *"And his heart was lifted up in the ways of the LORD: moreover he took away the high places and groves out of Judah."* We are being informed of the character of king Jehoshaphat, he like his great, great grandfather, had a "heart" for the things of God. He abolished the high places from Judah, which was a huge deal, because the people had slipped into idolatry worship. After abolishing the high places, he sent the priest to teach the people the ways of God. Jehoshaphat was the first king to establish religious education for the people, he believed if the people were to "think and believe rightly" they would live rightly. Jehoshaphat also communicated with the people, he wanted to establish fair justice for them by selecting the Levites, priest and patriarchs as judges and warned them that they were accountable to God for the standards they used to judge, so the LORD established the kingdom in his hands. Jehoshaphat truly had a heart for the things of God!

Because of Jehoshaphat's faithfulness toward God and the things of God, he became a light to the surrounding nations. These nations witnessed the blessing of following God, and because of this, these nations respected God and Jehoshaphat.

Unfortunately, not every nation respected God and Jehoshaphat, the enemies of Judah the Moabites and Ammonites came against them with a great army. When news came to Jehoshaphat of this great army, the Word of God says, "he feared and sought the LORD." What do we read here? Jehoshaphat didn't look at the problem, he sought God! In 2 Chronicles 20:3-12 Jehoshaphat called a fast with the people and then prays, *".....O our God wilt thou not judge them? For we have no might against this great company that cometh against us; neither know we what to do: but our eyes are upon thee."* This was the worst day of Jehoshaphat's life and the lives of the people God entrusted him with, were in danger, but Jehoshaphat sought the LORD and the LORD answered him!

In Second Chronicles 20:14 we read the most awesome response from God! Speaking through the prophet Jahaziel, God tells Jehoshaphat, *"be not afraid or dismayed by this great multitude – for the battle is not yours, but God's."* The LORD is telling Jehoshaphat, don't worry, I got this, you won't have to fight, I am going to defend you and the people.

What have we learned from Jehoshaphat's life? God takes care of His children. Friends, live your life every day for God trusting him for every detail. He sees what is going on in your life! He knows your enemies! He will avenge for you. Like Jehoshaphat, don't take matters into your own hands, surrender your enemies to the LORD and He will "fight your battles!" God is no respecter of persons, what He did for Jehoshaphat, He will do for you!

I  
*can*  
*do*  
**all**  
**things**  
*through*  
**Christ**  
who strengthens me  
Philippians 4:13

## Book Review

**Order your  
copy of  
the Bible  
today!**



The Bible is a great book written about a King and His Kingdom. It reveals why the most important King, ever, left His Heavenly throne to redeem lost man.

The Bible teaches man why they need salvation and how to have a relationship with God, our creator. And, most importantly, the Bible teaches us why Jesus Christ died on the Cross, and what the Cross means for fallen man.

**Available at any Christian Book Store or Online Book Store.  
Order your copy today to learn the truth about salvation,  
eternal life, real love, and how to live in this world.**



# Ministry News

**Rev. Georgetta Head**

*Designs By God* 

**Is your church or Women's Group planning a Women's Conference, Bible Study, Workshop, Luncheon or Retreat?**

**Rev. Georgetta is available for the months of February and March**

**For Booking or Information, call  
412-583-8628  
Email:  
[journeylife@verizon.net](mailto:journeylife@verizon.net)**

## **Daughters of Wisdom and Virtue Luncheons & Workshops:**

September 7, 2019, was our Annual Fundraiser event "Fit For The Kingdom." At this Luncheon, we learned how to properly exercise your body for eternal rewards. This conference taught the importance of body warmup before bodily exercise; how to properly exercise the body, mind and spirit; and the proper way to cool down, producing relaxation and rest, benefiting the entire body.

**Daughters of Wisdom & Virtue** meet the 2nd and 4th Thursdays monthly from 7:00 - 8:30 p.m. at JTLM Teaching Facility in Penn Hills. These meetings are open to all Women ages 18 and up.

## **Men On A Journey Fellowship:**

Men's Fellowship meetings are held the 3rd Saturday monthly. All men ages 18 and up are invited to attend these monthly meetings. Time is 10:00 a.m. to 12:00 noon at JTLM Teaching Facility.

## **Shoe Boxes for Seniors Outreach:**

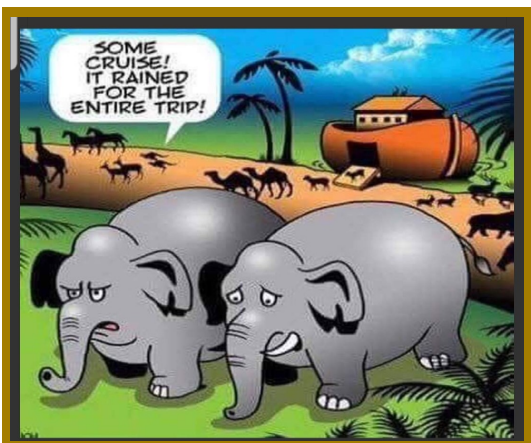
Shoe Boxes for Seniors is an ongoing project throughout the year collecting items for distribution in December. Individuals can contribute items or cash donations for Christmas 2019 any Thursday from the hours of 6:30 to 7:00 p.m. at our Teaching Facility in Penn Hills or mail cash donations to JTLM, P.O. Box 17968, Penn Hills, PA 15235.

## **Journey in His Word Workshops:**

Interested in growing in your relationship with God; desiring to understand the Bible; interested in understanding your position as a Believer; or interested in understanding Bible principles, statutes, commandments, and precepts—great! These workshops are for you!

To register contact Elder Charles or Rev. Georgetta Head at 412-583-8628 or email your inquiry to [journeylife@verizon.net](mailto:journeylife@verizon.net) or visit website's Event page for more information:

**[www.JourneyThroughLifeMinistries.net](http://www.JourneyThroughLifeMinistries.net)**







# Financial Fitness

## "Becoming Your Own Boss" Part 2

Rev. Georgetta Head

*"For which of you, intending to build a tower, sitteth not down first, and counteth*

Last quarter's article was "Becoming Your Own Boss." This article was birthed because of the many questions I received on how to begin the process of starting one's own business, such as: "Is starting a business difficult?" "Is it costly?" "How do I begin?" This article is Part 2 of "Becoming Your Own Boss."


First, you need to discover the type of business you desire to start? Is it a craft, catering service, cleaning service, administrative service, etc.? Most startup businesses are birthed from a need for self or family member, or a business venue you discovered that would be beneficial to the public. After determining the product/service you have to offer, the next step is to investigate if there is a market for your product. Just because we think it would be beneficial, doesn't mean there is a need. You can test the marketability of your product/services by selling the product/service to friends and family, promote your product at trade shows, craft shows, etc. After sampling your product/service to the public and you are confident with the results, you are now ready to scope out the demographics and location for your product/service. Seek an area and population of people that would be interested in your product/service, and that would bring in a high volume of sales. (**Note:** demographics is a study of an area of population who would find interest in your product/service.) Location for your business is just as critical as the demographics. Your location should preferably be in an area with good visibility.

Once you have completed your homework, i.e., sampled your product/service with others, completed demographics and location options, it's time to name your business and create a logo. Select a name and logo that relates to your business and one that people will remember. After deciding on a business name and logo you are now ready to write a "Business Plan." Writing a Business Plan is a very important step for all businesses and must be done! A Business Plan is your business' blueprint or roadmap, which records your plans for executing your business, your marketing techniques and your trade secrets for a successful business. A Business Plan is also important in the event you need to solicit a business loan for improvements, growth, etc. Banks or lenders will want to review your Business Plan to determine the uniqueness of your product/service; or you may want to seek advice from a trusted Banking Official or someone from the Small Business Association to review your Business Plan for strengths or weaknesses.

Following are some of the topics needed in your Business Plan: *Confidentiality Statement; Statement of Purpose (vision); Description of Business; Service/Programs; Market Segment; Approach/Method; Location; Management & Personnel; Financial Statement; References and Credentials; By Laws (Optional); Code of Ethics or Policy & Procedures.* The "Financial Statement" is a very important entry and must be included. The Financial Statement should consist of a "Five-Year Projection" of your business expenses, such as receivables and payables. (Part 3 next quarter—*Registering Your Business!*)



# Faith



*is not believing that God can,  
it's knowing that He will*

# Men On A Journey

## "Being Thankful"

Elder Charles S. Head

Acknowledge God

In all your  
ways and

He will direct  
your path.

Prov. 3:5-6

As I have observed a few things about life recently, one thing that caught my attention was people's actions and attitudes without being thankful. I noticed that you don't have to look very far without finding a person in the midst of you who is unthankful. There are instances when someone may have gone out of the way to help others from the kindness of their heart, yet the person being helped seems to take for granted the one who is helping them. Let it not be misunderstood that we don't always have to have a pat on our back or a trumpet sounded when helping someone, or we ourselves may find ourselves with the wrong motive. I believe it's a godly principle as well as moral belief for us to do so. In 2 Timothy 3:1-5 we see that God warned us beforehand that these actions of an unthankful heart would take place in the last days. Verses 1-2 says *"This know also that in the last days perilous times shall come. For men shall be lovers of their own selves, covetous, boasters, blasphemers, disobedient to parents, unthankful, and unholy."* When you read these verses you see that God's Word is as current as today's newspaper. This is one of the many evidences that God is omniscient (all knowing, all wise, all seeing).

The messages we get from the Lord are many times based on our own experiences of today. I happen to have one of my own to confirm what God is saying in reference to being unthankful versus being thankful. As I was preparing to take my grandson to his summer camp early one morning, he said to me, "grandpa, you said you were going to get me some new tennis shoes today." I responded by reminding him that I had already given him a new pair yesterday that had only been worn a couple of times. His idea was for me to go to the store and buy new shoes even though the ones I had given him were brand new. I then continued the conversation by explaining to him what God's Word says about being ungrateful, rather than being thankful and content with what we have. It was not what he wanted to hear, but I had to tell him the truth, that's my responsibility as a grandparent and a man of God. As a young child my parents taught me to be thankful as we went through hard times. I was one of five siblings and it was a valuable lesson that I do not regret learning from my parents. The solution is to withhold things until we are thankful and appreciative for what we have. God taught Israel a hard lesson in the wilderness because they became unthankful and murmuring, the same is needed for us today when we are ungrateful. There's an old saying I used to hear, *"you don't miss your water until your well runs dry!"*



*Answers to Second Quarter Puzzle*

# Riddles



I am full of holes; I can hold water. What am I?

1. **Sponge**

What are two things people never eat before breakfast?

2. **Lunch & Dinner**

What has two hands and a face, but no arms and legs?

3. **Clock**

What has 4 legs and only 1 foot?

4. **Bed**

What gets wet when drying?

5. **Towel**

What is it the more you take away the larger it becomes?

6. **A Hole**

What can't be used until it's broken?

8. **An Egg**

What has many keys but can't open any doors?

9. **A Piano**

*Looking for Answers?  
They're in here!*



## *"Journey In His Word" Meetings & Workshops*

### *Men On A Journey Fellowship*

3rd Saturday Monthly

10:00—12:00 Noon

JTLM Teaching Facility  
10529 Lindberg Avenue  
Penn Hills, PA 15235

### *Daughter's of Wisdom & Virtue*

2nd and 4th Thursday's Monthly

7:00—8:30 p.m.

JTLM Teaching Facility  
Penn Hills, PA 15235  
Cost: Free

### *Virtuous T.E.E.N.S.*

1st and 3rd Thursday's Monthly

6:30—8:00 p.m.

JTLM Teaching Facility  
Penn Hills, PA 15235  
Cost: Free

Join us for Christian Inspirations, Devotionals, Bible Study and Updates on our Blog Page, Facebook or Website:

Website: [www.JourneyThroughLifeMinistries.net](http://www.JourneyThroughLifeMinistries.net)

Blog: <https://JourneyThroughLifeMinistries.com>

[Facebook.com/JourneyThroughLifeMinistries.com](https://Facebook.com/JourneyThroughLifeMinistries.com)





# Women of The Bible





# "Tamar"

## A Life Of Seclusion

Rev. Georgetta Head

*"And I, whither shall I cause my shame to go? And as for thee, thou shalt be as one of the fools in Israel. Now therefore I pray thee, speak unto the king; for he will not withhold me from thee." 2 Samuel 13:13 KJV*

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**T**amar, daughter of king David, means slender, palm or palm tree; and Holy Spirit describes her as a very beautiful virgin. Unfortunately, due to no fault of her own, as early as a young girl and until her death, she lived her life in seclusion filled with shame and embarrassment. Let's explore 2 Samuel Chapter 13 to discover what caused Tamar to live in shame and seclusion.

Chapter 13 of 2 Samuel begins with an introduction of 2 of king David's sons and one daughter Absalom, Tamar and Amnon. Absalom and Tamar are brother and sister from David's wife Maacah, daughter to king of Geshur. Amnon is their half-brother from David's wife Ahinoam, the Jezreelitess.

We learn that Amnon loved Tamar and knowing that his half-sister was a virgin, he knew he could not entice her into his game of sick lust. The Bible says because of this, he became so vexed in his spirit for Tamar that he became sick. Now, Amnon had a friend, whose name was Jonadab, king David's nephew, who was a very subtle man. The Bible says he devised a scheme for Amnon to pretend to be sick. Jonadab told Amnon, when king David visits and inquires of your illness, ask him to allow Tamar to prepare food in your presence and for her to feed you back to health. What deception!

King David, void of all discernment of wrong doing from Amnon, did as his son asked! He sent for his innocent daughter, who was clothed in her coat of many colors (virgin daughter's royal apparel), and instructed her to go to Amnon and prepare food for him because he was ill.

Poor, unsuspecting, Tamar did as king David instructed. She dutifully went to Amnon's home and cooked food for him. Once the food had been prepared, and brought before him, he commanded everyone to leave the room. Every one left! Tamar and Amnon were alone! Now was his opportunity to forcefully take what his passion had been lusting for! He grabs Tamar, she yells out for him not to do such a disgraceful thing. She continues pleading, "do not violate me, talk to the king, he will not withhold me from you." But being stronger than her, Amnon continues to grab Tamar and rapes her.

Once his passion of lust was satisfied, he turns on her and commands her to leave his room. She cries, "this is wrong in sending me away it is greater than the other you have done to me!" Tamar leaves the room, rips her royal coat of many colors and puts ashes on her head as she flees to her brother Absalom. Crying, "where can I go to get rid of my reproach?" Tamar's remorse and shame lead her to live her life in seclusion, unmarried and childless.

When king David was told of what Amnon did to Tamar, he became angry, but never confronted or punished Amnon. It seems king David had poor parenting skills! Unfortunately, his silence regarding this horrific attack on Tamar set off an ungodly plot by Absalom to kill his half-brother Amnon for violating his sister. Revenge is never God's way to deal with wounds or hurts of any sort.

God doesn't make light of incest or rape, that's why He included this in the Bible. He wants us to know the trail of devastation left behind from the horrible result of rape or incest. Rape is a serious violation to one's emotional well-being. This type of crime takes away a woman's trust and inner peace. It also makes the victim fearful of being around other men, and in some cases, women have suffered mental breakdowns.

When we have been wounded by someone close to us seek the Lord for His wisdom, guidance, comfort and healing. Nothing is mentioned of any of these characters seeking God's wisdom, and as a result two men died and the victim lived in seclusion. When we take matters into our own hands, the results are always deadly or costly. Always seek God's wisdom, man's wisdom will prove disastrous.

# The Answer is Always in His Word

**God Says “I AM Your Sustainer**

**ELDER CHARLES HEAD**

*“And Moses said unto God, Behold, when I come unto the children of Israel, and shall say unto them, The God of your fathers hath sent me unto you; and they shall say to me, What is his name? what shall I say unto them? And God said unto Moses, I AM THAT I AM: and he said, Thus shalt thou say unto the children of Israel, I AM hath sent me unto you.”  
Exodus 3:13-14 KJV*

**I**n the book of Exodus 3:13-15, we read about Moses reasoning with God in reference to his leadership authority. God’s reply to Moses was: “tell My people I AM That I AM hath sent you – meaning “I AM” My authority and power is all you need to get the job done and finish the task. God was saying, when you have “I AM” it covers anything that you may face. It’s not too big for “I AM.” Because “I AM”, God the Father, is the God of the universe, and certainly neither Pharaoh nor the children of Israel were a problem He could not solve.

On a personal level this means that, even today any situation that comes my way “I AM” can take care of it. Even though “I AM” is the God of the Universe, He’s not too busy to come down to my level and meet me at my point of need. As a young man, in my earlier years, I did not want to give my life to the Lord because I thought I had too much to give up. I bought into satan’s lie, which says “saved people live a boring life with no fun, while at the same time I was paving my way into eternal damnation (Hell). When all of a sudden Jesus came to rescue me and thus I learned the ways of “I AM that I AM,” as God began to manifest Himself to me. As the transformation was taking place in my life, the things of the world, my lifestyle, lost its grip on me. My soul began to hunger for more of Jesus and the “I AM” of Father God. During this period of time I began to recognize God as my personal sustainer. I made a choice to allow Him to do so as a part of my transformation. This began new chapters in the Book of my life, as old things were passing away and new beginnings were taking place, I became an ambassador of God through Christ Jesus.

I realized that God is not an incomplete God, he will finish what He started in our lives, only when we allow Him to do so. God has sustained me for many years and I have no regrets. My life has never been the same since I made the decision to say “yes” to Jesus and goodbye to satan, the enemy of my soul. I made the best choice in my whole life, in surrendering to God’s will and allowing Him to guide me, being “I AM”. My ways have not been perfect, but with God’s plan and living a life of forgiveness, He has taken away my sins with Him on the cross. This means I am only righteous because of Jesus, and through His redemption.

I thank the Lord, that ever since my transformation took place I have had opportunities to share my joy with others and ask them to join me on the journey to My Father’s House (heaven). Until that time, I know that everything I need in life “I AM” is my comfort, help, assistant, encourager, supporter, strength, carrier and the one who sees me through.

And I will give you a new heart, and  
a new spirit I will put within you.

And I will remove the  
**HEART OF STONE**  
from your flesh and give you a  
**HEART OF FLESH.**

EZEKIEL 36:26



## "Tale of Two Hearts"

**Sis. Gerry Hickman**

Our lives can be like one or both of the sons in Luke 15:11-32. Like the prodigal son who left his father and squandered his money and life, only to return back with humility and reverence for his father's house, or like the son who stayed faithful to his father but felt slighted or jealous that his father was merciful to his brother.

The son who left and wasted his inheritance showed impatience or even rebellion towards his father's house. He may have felt restricted or frustrated or even entitled and wanted to explore the outside world. He had an illusion of freedom—that life was better away from his father's house. He found out (in the school of hard knocks) that life wasn't better and after returning to his father's house, he was humble and grateful to his father and missed the comforts of home.

The faithful son's jealousy changed to resentment as he began comparing his father's love for him with his brother. **Note:** we can do faithful deeds but still have a jealous and unforgiving heart like this son. The father reminded the faithful son that he would be with him always and that his faithfulness was not unnoticed because everything he has belongs to him (15:31). The father's priority was unconditional love and the restoration of his wayward son (15:32).

**The theme in this parable is the heart!** Do we have a heart of flesh (*pliable*) like the father, or one of stone (*hard*) (Ezekiel 36:26)? Is our heart self-centered or contrite like the prodigal son? Is it compassionate or pure? Do we, like the father illustrated in this story, show unconditional love; or do we envy, complain, or compare like the faithful son? The latter steals our joy and makes us unappreciative of the blessings God provides in our lives.

**Life lessons from this parable:** People focus on the outer appearance but God looks at the heart (1 Samuel 16:7). What is your heart speaking? Ask God daily to create a clean heart and renew a steadfast spirit in you so that you can live purely before Him. Let the Holy Spirit sanctify, cleanse and direct you (Psalm 51:10-11). God the Father loves you unconditionally and wants the best for you. There is no place for jealousy, bitterness, hatred, arrogance, competition, and unforgiveness in a child of God's heart or life.

I believe these are questions we should think about often: Does our life imitate Christ? Are we servants or do we want to be served? Do we really love God and others the way God commands or are we often disrespectful, self-righteous, or even judgemental? Are we happy when others are accepted into God's family, or are we jealous—especially if we think that person is more favored by God than us (15:32)?

The Father loved both of his sons unconditionally, and just like us (God's children); God (our Father) does the same. It's not until our hearts are pure (Titus 1:15) that we can love God and others unconditionally. Jesus taught and demonstrated this behavior throughout His earthly ministry and He is the perfect mentor.



# "Journey in His Word"

*"Ponder the path of thy feet, and let all thy ways be established" (Proverbs 4:26)*

## "How God Sees You"

*Rev. Georgetta Head*

**D**id you know that when God looks at you, He doesn't see an ordinary child? No, He sees an "extraordinary child! Many Believers don't have a clear understanding of their position in the "body of Christ," which is Kingdom citizenship! So, let me assure you, when Father God looks at you, He sees a child with a *"divine purpose and calling."*

**Let's look at 1 Peter 2:9 for the truth of God's Word!** *"But ye are a chosen generation, a royal priesthood, an holy nation, a peculiar people; that ye should shew forth the praises of Him who hath called you out of darkness into His marvelous light: "* This scripture reveals many descriptive words as to how God sees His children and their position in His Kingdom. When God looks at His children He sees: *a chosen generation; a royal priesthood; a holy nation; and a peculiar people.* Now that makes each of His children an extra-ordinary child of God?

We are a **"chosen generation"** chosen, by Father God to represent Him on earth. This is a privilege and responsibility given to "ALL" Born again Believers. The Church is made up of **"chosen" Believers** called out of every nation, to witness for Jesus, the Good News of the Gospel to everyone. The Great Commission for the Church. (It's not God's will that any perish.)

God sees us as a **"royal priesthood"** meaning we are to offer ourselves as "living sacrifice" and that we can enjoy freedom of access to God 24/7 because Christ is now our mediator in Heaven. We do not have to offer animal sacrifices because Christ was our living, perfect sacrifice making our position in the Kingdom possible.

God sees us as a **"holy nation"** set apart to be a witness to the world of His kingdom by being a "living example" in Word and Deed.

We are God's **"peculiar people."** Now this is a very interesting phrase! Peculiar in Greek means "possession," "one's own property" or "an acquisition." In other words, Holy Spirit is informing us that we belong to God. We have been acquired of by God, because of the "perfect sacrifice of Jesus Christ." A **"peculiar people"** simply means we are a people into possession belonging to God!

In the 6<sup>th</sup> Chapter of Judges we read of a man by the name of Gideon. He too didn't understand his divine purpose and calling. God saw him as "a mighty man of valor." He saw himself as "least" in his family. By faith, once he stepped into the "right position" as God saw him, he did great things for the Kingdom of God. Father God sees all of His children with "great potential and abilities." We need to align our thoughts and heart with God's truth about how He sees us. By faith we can step into our "divine purpose and calling!" We are God's chosen representatives called out of a life of darkness into His marvelous light because of what Jesus accomplished on the Cross. Isn't that something to sing praises to God about?

Friends, when God looks at us, His children, He sees an extra-ordinary "chosen generation" with a divine purpose and calling, giving testimonies of praise to all, the Good News of Jesus Christ in Word and in deed.



# Healthy Living

Rev. Georgetta Head

Have you ever heard someone say “they are eating a man-sized portion?” or “eat plenty, you need to put meat on those bones!” or “eat plenty you need fattened up!” Americans seem to not only have an obsession with food, but also the need to eat large amounts at one sitting, especially at buffets!

Knowing the difference between portion control and serving size is very important for a healthy life-style. A portion is how much you want to eat, whereas a serving size is the amount of food listed on a product’s nutrition facts or food label. All products have a different serving size, which are measured in cups, ounces, grams, pieces, slices or numbers (example: 16 chips per serving). Depending on the portion size we choose to eat, it may not match the serving size.

When trying to maintain a healthy lifestyle, serving size should be used instead of portion size, so reading labels is crucial. Manufacturer labels list calories per serving, sodium, carbs, protein and other nutritional information. So, the question is how much should one eat when using “serving size?” This is depended on how much weight one wants to lose, how active one is, your age, or how many calories per day one needs to eat to maintain a healthy lifestyle. Keeping track of what you eat is also a good way to control portion size. Everyone regardless of age should adopt healthy eating as a chosen lifestyle, that includes monitoring serving size, and eating lots of fruits and vegetables and drinking plenty of water.

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*I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me. (Matthew 25:37)*

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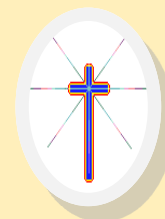
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## "do you know that God forgives?"

**What Must I Do to Be Saved?**

Believe in Jesus and pray the "sinner's prayer below!"

Dear Jesus, I come to you today as a lost sinner. I am asking that you save my soul and cleanse me from all sin. I know that I need help and that I can't save myself.

I believe that you are the Son of God. Forgive me for my sins and all wrong doings I have done to others and help me to forgive those who have hurt me. I believe that you died on the Cross for my sins and the sins of the world. I accept You, Jesus, into my heart as my Lord and Savior.

I confess with my mouth the Lord Jesus, as my Savior and believe in my heart that God has raised Him from the dead and You are now seated in Heaven.

=====

Congratulations!

You are a "new creature in Christ and a child of God!" Now share the "good news" by telling someone else about your salvation.