

Journey Through Life Ministries

Quarterly Newsletter

Volume 3, Issue 2

Second Quarter 2010

Upcoming Events

Virtuous Teens Meeting

April 10, 2010

May 8, 2010

June 12, 2010

YMCA - Penn Hills

Young Men's Ministry

April 10, 2010

May 8, 2010

June 12, 2010

Penn Hills, PA

Living Debt-Free Workshop

June 19, 2010

August 21, 2010

Call for Registration & Location

Inside

Financial Fitness	2
Words of Wisdom	2
Children's Corner	3
Family Corner	3
Men of the Bible	6
Bible Facts	6
Try God	7
Servants of God	8
Prison Ministry	8
Young Men's Ministry	9
Reader's Comments	9

IS FEAR CONTROLLING YOU? -

GEORGETTA HEAD



Jennifer was on her way to take an aptitude test for the job of her dreams. While driving to the destination, she begins to get fearful, telling herself, *"you will never pass the test," if you had problems testing in school, what makes you think you will pass this test.* She then picks up her cell phone and calls the company to reschedule the test. *"This will give me more time to prepare"* she tells herself.

Then there is Jimmy, a bright and intelligent young man working for a marketing firm. His dream is to have accounts of his own. He loves coming up with slogans and drawing creative sketches for aspiring companies, but unfortunately he's afraid to share his ideas with his supervisor for fear he will look stupid!

Jennifer and Jimmy allowed fear to stop them from making important decisions, instead of being excited about the possibility of an improved future, their fears gave them feelings of anxiousness and hopelessness.

Fear is totally destructive – and just like Jennifer's and Jimmy's stories, we have similar stories how fear stopped us in our tracks and prevented us from making wise decisions. Let me remind you, there are two forces in this world, God's "power of good" and Satan's "power of evil." God uses love to draw us toward Him with confidence, while Satan uses fear to cripple us with defeat - Satan loves to counterfeit everything God meant for good and turn it into evil!

God gave us the emotion of fear to be used as a warning signal of on-coming trouble or harm, but Satan uses it as a weapon against us making us doubt God and self. Fear activates Satan the way faith activates God, so when we allow fear to control our lives we are giving Satan permission to keep us defeated and immobilized and we actually begin to believe the "lies" he tells us as truth.

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FINANCIAL FITNESS—GEORGETTA HEAD

The following question was asked by a reader, “*can one live a life of simplicity in today’s world, and if so how?*” The answer is, YES, a person or a family can live a life of simplicity.

Living a life of simplicity is learning to live a life making wise choices, while partnered with God enjoying all He has for you without the pressures of worldly distractions. It’s choosing to live with Godly wisdom instead of conventional wisdom (the world’s way) and this includes making wise choices about finances, i.e., living within ones financial means, planning for needs and wants and trusting God for overflows (favor). Conventional wisdom encourages individuals to buy into the trap of a temporal lifestyle philosophy of “buy now, pay later; a very costly price to pay for this type of wisdom. Or do you choose Godly wisdom, which says “*a wise man counts the cost before building a house.*” Living a life of simplicity is not living poorly, it is being content and grateful to God for all that He has blessed you with. Ask yourself, what is important

in life - living debt free or living paycheck to paycheck trying to pay off credit card debt or personal loans that you can’t afford?

Decide to make “wise choices.” God exhorts us to “count the cost” before making financial decisions, choosing Godly wisdom will keep you from being a slave to the lender. For a month or two keep a detailed record of your spending habits. The goal here is to track impulse spending and to learn to spend only on essentials and put the extra money in savings. For example, how often do you eat out? Make it a goal to eat in more, fast food and restaurants are convenient, but very expensive. (Use eating out as a reward system for meeting miles stones in your life.) Shop weekly! Plan major shopping trips and only shop once you have saved for these expenses. Create “family night” spending more time with the family playing games, and getting to know more about each other.

Godly wisdom says we need to change the thinking that we

“own” our possessions. According to God, He owns everything (*Psalm 24:1*). We are “stewards” and as stewards we are required to manage what has been entrusted to each of us, because one day we will give an account of our stewardship (*Luke 16:1-2*). Worldly possessions are temporal we are told to put our hope on things that are eternal. God’s word also tells us to be prudent in our living, because it’s hard to serve and worship Him when burdened with debt and the fear of foreclosure or bankruptcy. Conventional wisdom is not the way to go! Let Godly wisdom be your success, He will prosper you in all you do (*Deut. 8:18* says “*remember the Lord your God, for it is He who gives you the ability to produce wealth*”).

Godly wisdom says to be content in all that you have and who you are in Christ Jesus. *Philippians 4:11-13* says “.....for I have learned, in whatsoever state I am, therewith **to be content**. I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to

(cont'd page 5)

If you give, you will receive. Your gift will return to you in full measure, pressed down, shaken together to make room for more and running over. Whatever measure you use in giving—it will be used to measure what is given back to you.
Luke 6:38

WORDS OF WISDOM

The balance of affirmation and discipline, freedom and restraint, encouragement and warning is different for each child and season and generation, yet the absolutes of God’s Word are necessary and trustworthy at all times.

Gloria Gaither

Make it a rule, and pray to God to help you to keep it, never to lie down at night without being able to say; “I have made at least one human being a little wiser, a little happier, or a little better this day.”

Charles Kingsley

I can usually sense that a leading is from the Holy Spirit when it calls me to humble myself, to serve somebody, to encourage somebody, or to give something away. Very rarely will the evil one lead us to do those kind of things.

Bill Hybels

I wait for the Lord; I wait, and put my hope in His word. Psalm 130:5

Agape Fellowship
Christian Community Ctr.
Wilmerding, PA 15104

Sunday Service
6:00 p.m. to 8:00 p.m.

Wednesday Prayer
12:00 noon

Friday Service
Youth Night—6:00 p.m.

Food served after every service

Pastor Dorothy Reeves
Phone: 412-380-4306

Do you have questions about the Bible?
Email your questions to: journeylife@verizon.net



VIRTUOUS "TEEN" GROUP

"Where is your Home" was the question asked at our last meeting. Several answers were given Earth, Heaven, and our physical street address. All were right, but we soon learned that for "born again" Christians, Heaven is their "real" home, earth is temporal and Heaven is our permanent "eternal" home. Our Leaders showed us through scriptures the truth. Jesus tells us in John 14:1-3 *"let not your heart be troubled; you believe in God, believe also in Me. In My Father's house are many mansions; if it were not so, I would have told you. I go to prepare a place for you. And if I go and prepare a place for you, I will come*

again and receive you to Myself; that where I am, there you may be also." Jesus is in Heaven making preparations for all "born again" Believers and one day in the near future all Believers will live in Heaven with Jesus and be with Him always.

We also learned through the scriptures how we should live while here on Earth. *Philippians 2:14-16* tells us to *"do all things without complaining and disputing, that you may become blameless and harmless, children of God without fault in the midst of a crooked and perverse generation, among whom you shine as lights in the world, holding fast*

the Word of life, so that I may rejoice in the day of Christ that I have not run in vain or labored in vain." We are instructed by God to live without complaining and causing disputes, and to let our "light shine" even when others do not know how to do good. Living as an example will show others how to do the right thing.

For our project we made Key Rings with 5 colored beads (**Gold, Black, Red, White, and Green**) to carry as a reminder of Jesus and what He means to us. The ring circle represents "eternal life." **Gold = Heaven; Black = Our Sin; Red = The Blood Jesus**

White= a Pure Heart; and Green = Our growth in God. We are to read our Bible, pray, go to Church, and Fellowship with other Believers.

For information about our group: 412-731-3450 or email journeylife@verizon.net



Monthly Meeting

FAMILY CORNER—ELDER CHARLES HEAD

I would like to address a very important part of our family – our children. According to God's Word, children are a heritage from Him (Psalm 127:3-5). Children are truly a blessing from God, but at times it may seem very hard for parents to believe, especially when it comes to disobedience and rebellion.

There are times when our children break our hearts and we seem helpless as parents; even when you have tried to be good parents you are left with that empty feeling of where did I go wrong? Other times you may feel a failure as a parent. I have news for you! You can be the best parent ever and yet have the same frustrations and end up with a broken heart. This is all a part of parenting!

As a grandparent now, I can tell you that being a parent is a learning process, and I've learned that you obtain your experience while raising your children. So quit beating yourself up, perfect parents do not exist. As a grandparent, I often reflect on some of the decisions I made as a parent and say, "if I had to do it all over again, some, but not all things I would do different." Parenting is a "learn as you go experience," and you will not always

make the best decisions and of course your kids are always on a different page than you.

When children are young we nurture them and do our best to protect them and give them a lot of love, because we always want them to feel secure with us as their parent. However, at an early age we need to let them know that they are special people and that they are valued very much. I have also learned that encouragement and undivided attention with one-on-one treatment for each child (according to their personality) will help their self esteem and self worth; and according to personality, some children will need more attention than others because of their sensitivity. If they are neglected in this area, it can cause them to look elsewhere and even seek attention all through their youth and adult life.

As I have discussed these issues with young children, youth and adults they share the same frustrations of anger and rebellion against authority figures, as a result of no one understanding their hurt and pain.

(cont'd page 10)

God's Guidance

God's curriculum for all who sincerely want to know Him and do His will always includes lessons we wish we could skip. With an intimate understanding of our deepest needs and individual capacities, He chooses our curriculum.

By Elisabeth Elliot

IS FEAR CONTROLLING YOU? (CONT'D)

When we activate faith, we take on the confidence that *"I can do all things through Christ Jesus who strengthens me"* (Philippians 4:13).

Don't let fear control your life! Satan has limited power over you! Luke 10:19 tells us that Jesus says *"behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you."* Jesus has given us power to resist Satan and his demons; they can't hurt us unless we give them permission by giving into fear. If you are living in fear now, ask God to reveal to you the "root" cause of this fear. You don't suddenly wake up one day filled with fear. Ongoing fear always starts as a small issue or situation and if not dealt with will grow over time into a large issue preventing you from living your life to its fullness.

At the age of 27, God set me free from fear of thunder and lightning. As far back as I can remember as a little girl, I was deathly afraid of thunder and lightning; I was so terrified that I would tremble and cry until the thunder storm was over. When God set me free of this fear, He also revealed to me the root of the fear. During the summer months as a child, I would often sleep over at my Grandmother's house. My Grandmother was deathly afraid of thunderstorms and would make us children sit under the kitchen table, turn off all the lights, and tell us stories that God was angry and we had to be quiet until the storm was over. Well the thought of God being angry terrified me and every time there was a thunderstorm I would become fearful. God set me free of this fear and I can now sleep through the loudest of thunderstorms.

Friends, fear is a satanic force that works against you at every opportunity. Faith is a creative force that God uses to build and uplift. Faith helps! Fear hurts! Stop Satan in his tracks! Don't let fear keep

you from living life to its fullness, robbing you of your peace and joy. You don't have to live a life being afraid; you are lovable and loved; and you don't have to live your life through someone else's expectations. Let God extract every bit of dread, insecurity, doubt, or whatever fear has created in you, and live each day, just one day at a time trusting God more. God has a plan and purpose for all of His children, but if we are operating in fear God's perfect will for our life will never be accomplished.

The next time you feel the emotion of fear attacking you, examine the warning signals and ask yourself, "is this of God or Satan?" Is there danger involved or a situation I need to avoid?" Ask God for discernment of the situation. Satan knows that he cannot do anything to us apart or separate from fear, just as God cannot do anything for us apart or separate from faith. Satan can't touch us as long as we stand on the Word of God. Daily reading of the Bible is extremely important for Christians. Knowing the Word and using it against fear is "our" greatest weapon against Satan and the spirit of fear; and the Bible is a Christian's road map for living a successful and victorious life in this world. God's Word is powerful and life to those who step out in faith to believe that God will perform the promises He has recorded, including to *"fear not for I will never leave thee nor forsake thee."*

Fear is Satan's source of power the way *faith* is God's source of power. So if Satan is attacking your mind and preventing you from living an abundant life, then fight your battle of fear on your knees with the Father, and praying the Word aloud. He already knows about it and is waiting for you to come to Him for help. Step out in faith! Faith and trust in God is your key to defeating Satan. Trust God to get you through the weakest moments of your life. Isaiah 41:10 tells us to: **"Fear not, for I am with you; be not**

dismayed, for I am your God. I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand." God is waiting for you with outstretched arms! What a wonderful scripture of God's assurance of His presence in our life. And, the psalmist exhorts us to: *"Trust in Him at all times, you people; pour out your heart before Him; God is a refuge for us.....he is our rock and salvation"* (Ps. 62:1-2;5-8). Trust God to help you eliminate fear from your life. He is our strength and stability. Just imagine living your life without fear, anger, etc.! Let your faith in God, not fear be your default reaction to threats and life's obstacles.

And finally, *1 John 4:18* tells us *"there is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love."* Let God's love cover and protect you. You have nothing to fear when trusting in God. Father God wants His children to live a life of "liberty" – not tormented by fear. Cast "all" your cares upon Him, they are too heavy for you to carry? If you don't have a relationship with the Father, ask Him to reveal his love to you and He will. Start today! Experience His love, for He loves you with an everlasting love and with loving kindness He is drawing you (Jeremiah 31:3).

Note: This article on fear is discussed with general conditions of fear. If you are experiencing extreme conditions of fear that have produced phobias or anxiety, please seek Christian Counseling. Pray to God asking him to direct you to a Christian Counselor who He has prepared to help you spiritually to overcome the stronghold of fear. Proverbs 3:5-6 tells us to *"trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths."*

BIBLE FACTS



Instruction Manual for Living



Did you know that man can control a whole ship with a small helm, yet his tongue he cannot without God's help? (James 3:1-12)



Did you know that Jesus knew and demonstrated his purpose when He healed the servant of the High Priest's ear before His crucifixion? (Luke 22:49-51)



Did you know that the prodigal son's brother's heart was so self-righteous that he would not rejoice when his brother came home? (Luke 15:25-32)



Did you know that you should serve God with your whole heart and not be a lukewarm (straddle the fence Christian). The church of Laodicea was corrected because of two things: 1) being lukewarm, and 2) having pride. (Revelation 3:14-22)



Did you know that it is very dangerous to speak against God's anointed leaders regardless of their faults (no exceptions)? (Numbers 12:1-16)

(Old Testament Law or New Testament Grace—God's principles are still the same.)

MEN OF THE BIBLE (MOSES) —ELDER CHARLES HEAD

One of my great heroes of the Bible is Moses. The one thing I respect the most about the man Moses is that he gave up a life of pleasure in Egypt to become God's man and to lead God's chosen people out of Egypt. He was a man with faults and yet in spite of his personal weaknesses, God used him to deliver His people from slavery in Egypt; lead the people to national identity; establish laws and structures; lead the people to become a worshipping community; advise and counsel a nation; and to lead purposefully and effectively in the face of great criticism.

God knew Moses had faults and failures, but He still chose him to do this mission because He new Moses' heart. Some of us would have quit at the very minimum of adversity and would have thrown in the towel leaving the mission unfinished, but not Moses, he endured until the end. He

loved his people so much that as they continued to complain and murmur against God and wanted to go back to Egypt, which made God angry, Moses continued to reason with the Lord, pleading for his people not to be destroyed because of disobedience.

Moses had strong leadership abilities and because of his relationship with God, he was chosen by God for the large task of leading millions of Israelite children out of Egypt to go to the "Promised Land." Moses never entered the Promised Land because of his anger, brought on by the Israelites. He disobeyed a command that God give him to speak to a rock for water to come forth. Instead of speaking to the rock, he smote the rock twice with his rod rather than speak to it as commanded.

Moses' life was one of confidence, trust and belief in God; he believed God would

fulfill all that He promised. Before Moses died God showed him "all" that He would accomplish with the children of Israel.

Haldeman Says of Moses:

"The life of Moses presents a series of striking antitheses. For instance, he was the child of a slave, and the son of a queen. He was born in a hut, and lived in a palace. He inherited poverty, and enjoyed unlimited wealth. He was a leader of armies, and the keeper of flocks. He was the mightiest of warriors, and the meekest of men. He was educated in the court of Egypt, and yet dwelt in the desert. He had the wisdom of Egypt, and the faith of a child. He was fitted for the city, and wandered in the wilderness. He was tempted with the pleasures of sin, and endured the hardships of virtue. He was backward in speech, and yet talked with God. He had the rod of a shepherd, and the power of the Infinite. He was a fugitive from Pharaoh, and an ambassador from Heaven. He was the giver of the Law, and the forerunner of Grace. (*Expositor Study Bible*)

I KNOW GOD LOVES ME BECAUSE

<p style="text-align: center;">God Knows my Name:</p> <p>Fear not, for I have redeemed you; I have summoned you by name; you are mine. Isaiah 43:1</p>	<p style="text-align: center;">God Will Not Forget Me:</p> <p>I will not forget you! See, I have engraved you on the palms of My hands. Isaiah 49:15-16</p>
<p style="text-align: center;">God Loves Me:</p> <p>God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life. John 3:16</p>	<p style="text-align: center;">God Is Always With Me:</p> <p>Be strong and courageous. Do not be terrified: do not be discouraged, for the LORD your God will be with you wherever you go. Joshua 1:9</p>
<p style="text-align: center;">God Made Me In His Image:</p> <p>So God created man in His own image, in the image of God He created him; male and female He created them. Genesis 1:27</p>	<p style="text-align: center;">I Am A Child of God:</p> <p>How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are! 1 John 3:1</p>
<p style="text-align: center;">I Am Precious To God:</p> <p>You are precious and honored in My sight, and . . . I Love you. Isaiah 43:4</p>	<p style="text-align: center;">God Knew Me Before I Was Born:</p> <p>Before I formed you in the womb I knew you, before you were born I set you apart. Jeremiah 1:5</p>
<p style="text-align: center;">God Has A Plan For My Life:</p> <p>"I know the plan I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11</p>	<p style="text-align: center;">God Rejoices In Me:</p> <p>The LORD your God is with you, He is mighty to save. He will take great delight in you, He will rejoice over you with singing. Zephaniah 3:17</p>

TRY GOD — GEORGETTA HEAD

Are you struggling through life, trying to fix things on your own? Well let me tell you about the God I serve! He's AWE-SOME and all powerful. He knows what I need even before I ask Him.

He loves handling my problems! He tells me to cast all my cares upon Him (1 Peter 5:6) because the burden of Christ is much simpler and easier than struggling under the weight of sin and worldly concerns. Matthew 11:29 says *"take My yoke (Jesus) upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."* He is instructing me to rest in Him. Why burden myself with the weight and cares of this world, when Jesus tells me it's too heavy for me to carry?

My God is faithful! He remembers ALL of His promises from generation to generation for evermore – fulfilling them to those who are called His children (Job 42:2). He loads me daily with benefits (Psalm 68:19) and His mercy endures for ever and ever (Psalm 107:1)! He supplies my food, money, abilities, desires, etc. What more do I need?

My God is my comforter! When faced with the storms and challenges of life, God is there to comfort me and see me through these storms (Psalm 23:4).

My God will never leave me nor forsake me (Psalm 37:25). He watches over me daily, so if I fall He will pick me up; and He directs my steps (Proverbs 16). My God delights in me and loves me;

and just like a Father He corrects me when I do wrong (Psalm 3:12).

My God gives me peace that passes understanding. The peace that Job had that gave him the confidence to say, *"though He (God) slay me, yet will I trust Him"* (Job 13:15).

Do you have that peace? You've tried everything for happiness and success, but peace and joy is missing! You are left with a feeling of "emptiness and longing!" Try God, what do you have to lose? God tells us in Luke 12:31 *"but seek the kingdom of God, and all these things shall be added to you."* So just think ALL you will gain when you "try God."

My soul, wait thou only upon God; for my expectation is from Him. He only is my rock and my salvation: He is my defence; I shall not be moved. (Psalm 62:5-6)

SERVANT OF GOD—GEORGETTA HEAD



Tracie Morelli

Meet Tracie Morelli, a woman who brings much enjoyment to others through her

“Clown Minis-

try.” This ministry began after visiting nursing homes and individual’s shut-in due to illnesses. Tracie says she enjoys touching the heart of others, especially those who have lost their joy, by bringing laughter and hope into their life through her clown performances.

Tracie says, like most Believers, she faithfully attended church services every Sunday, but it wasn’t until a few years ago that she felt a longing in her soul. She had a successful business bringing in a comfortable income, a good social life, etc., but still something was missing, she wasn’t happy. Tracie sought God for the answer! He re-

vealed to her that she lacked a relationship with Him and because of her insecurities she was using her business achievements as her identity. What a wake up call! She was using her business for self-gratification and it wasn’t working, she still felt empty.

Tracie surrendered her life to Jesus! Gave up her successful business and enrolled in Bible School. During this time of change in her life, God has taught Tracie that He is “a rewarder of those who diligently seek Him.” He has also taught her the importance of having an intimate relationship with Him; and through this relationship she now has hope and enjoys the love and intimacy she now has with the Father. She no longer has feelings of emptiness and the longing in her soul is being filled daily. With this new found relationship with the Father, He has taught her the second greatest commandment and that is to love others as

self. Tracie says she loves to laugh because a “merry heart does good like medicine,” so she took her laughter to others, those who need a “merry heart” - the sick, the shut-ins and those in nursing homes. Tracie says she is so excited that God is using her to be an encourager to others and this offers her the opportunity to tell others about God and His love for them. “I want to spend my life passing on God’s love to others,” says Tracie.

Tracie also does speaking engagements at Women’s Groups and with Inmates in Prison sharing her message that true fulfillment and love can only be found in Father God.

God hasn’t called us to be successful, but rather faithful!

PRISON MINISTRY—CHARLES HEAD

Each week while doing Prison Ministry work, God has taught me to be obedient to his command by teaching others His principles and how to apply them to their life, and as a result lives are being changed. One of the most valuable lessons God has taught me is the importance of “listening.” By listening, I am expressing to an inmate being ministered to that he is worth my attention and that he is “somebody.” This act of kindness of “listening” speaks volumes into the inmate’s life and when the opportunity comes for me to speak to him of the Lord he is ready to hear what God has to say. It is very exciting to watch how the Lord is moving among

the inmates. As they are being instructed in the Word and learning that Jesus Christ is the foundation for building their lives, inmate’s hearts are being changed by these truths; and weekly inmates are accepting Jesus Christ as their Lord and Savior. Praise God!

They now have a prayer group which meets weekly and they are now able to encourage one another with prayers and testimonies. Recently, a young man who was not a part of the prayer group wanted to take his own life. The prayer group gathered around him and prayed over him until he changed his

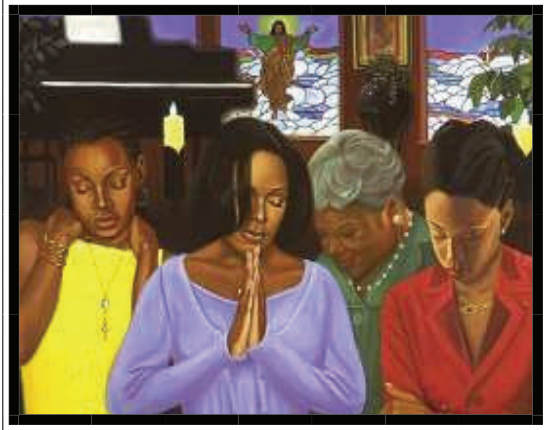
mind and surrendered his life to the Lord. What a victory over Satan! Instead of Satan who is a destroyer of life winning this battle; this young man experienced the “life giver,” Jesus our Savior and Intercessor *(John 14:5-6). Jesus snatched this young man’s life out of Satan’s kingdom of death.

**John 14:5-6 “Thomas said into Him, Lord, we know not whither thou goest; and how can we know the way? Jesus saith unto him, I am the way, the truth, and the life; no man cometh unto the Father, but by me.”*



I am crucified with Christ: nevertheless I live; yet not I, but Christ liveth in me; and the life which I now live in the flesh I live by the faith of the Son of God who loved me, and gave Himself for me. (Galatians 2:20)

IN THE LIGHT OF HIS WORD—"GOD PROMISES"



God promises you security,
 Yet you put more trust in those you see.
 God promises He will never leave you,
 Yet from Him you often flee.
 God promises to meet all your needs,
 Yet you worry every day.
 God promises you salvation,
 Yet you try to find another way.
 God's promises don't change, in spite of all you do.
 God has yet another promise -
 He promises to always love you!!

YOUNG MEN'S MINISTRY—CHARLES HEAD

"Young Men on A Journey Ministry" is an outreach teaching young men ages 10 through 18 the principles of God's Kingdom through His Word. Foundational teaching is from the Book of Proverbs – the book of Wisdom to Sons written by King Solomon to pass on to generations to come, even our present generation. Although all of God's Word is wisdom, Proverbs was chosen because it has several chapters enlightening Sons about wisdom.

We all need wisdom in every

area of our life, but as our youth are faced with today's pressures of life, I would like to share and pass these precious truths to many sons, and the same wisdom I instructed my own sons, who are now adults.

The Book of Proverbs not only gives us instructions on the spiritual man but on the "total man." It teaches us that we need to honor God first and respect our fellowman. Proverbs also teaches us how to use our God-given abilities to

work and earn an honest living and how to live a life of integrity.

This book leaves no stones unturned for us as sons. I find it very interesting and it has been of great help in my own life. The scriptures found in Proverbs are gold nuggets that must be passed on to the generation of sons.

In addition to teaching young men the Word of God, they are being taught basic repair

and general household maintenance, projects that will help them in years ahead when they apply them. On Page 10 of this newsletter are photos showing the young men utilizing the trades.

Our activities also include field trips to museums, parks, and other cultural and recreational events that youth will enjoy. Our 2010 plans include other areas as the Lord provides the need.

READER'S COMMENTS

I enjoyed the 4th Quarter 2009 Newsletter very much. Every article touched an area of my life that I need victory in. Keep up the good work!
Signed P.M. (Pgh)

I hope you don't mind, but I would like to let the Prison Chaplain Librarian make copies of all issues of Journey Through Life Newsletters so that they are available for other inmates to read. Also the newsletter reminds me of the Pittsburgh Courier, only on a church level, you all are doing a great job.

Please continue the good work.
Signed Inmate KD

Thanks for the quarterly newsletters, I always enjoy receiving them. The newsletter is well laid out and very inspirational as well as informative. The articles help me a whole lot!
Signed M.P. (Pgh)

Beautiful, wonderful, great—you guys do an outstanding job on the newsletters. Thank you both for caring so

much about your brothers and sisters in Christ. . . As well as for those individuals who are seeking a better way of life through the knowledge of Jesus Christ.
Signed D.W. (Pgh)

Thank you for the newsletter. I enjoyed every article. I took the newsletter to work and my coworkers are reading it and passing it around. Keep up the good work!

Signed L.J. (Georgia)

MENTORSHIP PROGRAM



Bicycle Repair Project



Virtuous Teen Girls designing tote bags as a life skill project.



**Wood crafting project.
Making mangers for gifts**

Visit our website at:
www.journeythroughlife.net

FAMILY CORNER —CONT'D

Some have shared if only their Dad had told them he loved them and supported them they would not be in the situations they find themselves in. All children need our approval and some time we are just too busy and into ourselves to see that we have lost them in this area.

At all stages of our children's life they need to hear from us that we love them and are proud of them in everything they attempt to accomplish in life. Parents, never forget to tell your children you love them, even when they rebel – they need it more. Children just like adults want the same thing:

to feel significant, to be loved, and to feel secure. If these needs are not met, they will go elsewhere – and in most cases it's the wrong place and wrong person.

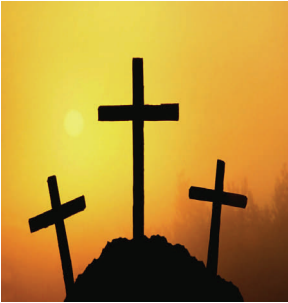
The Book of Proverbs tells us the prescribed way to teach our children by instructing us to *"train up a child in the way he should go: and when he is old, he will not depart from it"* (Proverbs 22:6). We are being instructed to train our children according to God's Word and for parents to lead by being an example of "the God" you respect; and if

or when they should walk away from your instruction, they will return as you keep loving them and praying for them.

The Problem: 1) Hurt, 2) Anger, 3) Rebellion.

The Solution: 1) Train children with Biblical instruction, and be an example; 2) Encourage them; 3) Listen to them; 4) Understand them; 5) Show them other alternatives; 6) Assure them that parents aren't perfect and have faults; and 7) Tell them you want to be a part of their life and act upon it.

EASTER—A CELEBRATION OF LIFE— CHARLES HEAD



We are now in the season of my favorite time of the year – spring. During winter seasons in the northeast, which I live, our winters at times can be

very long and very cold. All plant life dies and withers up. During spring time, God our Creator has set things in order so that all plants come alive again, they begin to sprout and finally in fullness of time, they become something of beauty and full of life.

There is a certain aroma to the earth as the spring comes forth in its glory. Flowers are uniformed in their glorious appearance and are a sight to behold. Only God of the universe could bring the glory out of each plant.

Just as we celebrate the spring season

after a long winter, the season of Easter is a greater celebration. The flowers and plants all fade away in their seasons, but our Savior, Jesus Christ, who is what the Easter season is all about, lives forever in His Glory. His story is one of a solitary life, He left His deity in Glory in Heaven, came to earth to become our Savior. He took on the form of a servant. He became man and was tempted in the same temptations as we, yet without sin (Hebrews 2:1-18).

We celebrate His death and resurrection because He laid down His life for our sins (John 10:14-18). Yes He died on the cross and went into the tomb, but on the third day, He arose. Death lost the victory. He defeated death because He is “life” to all who will accept what He did on the Cross at Calvary.

Easter represents what Jesus did for the entire world. He was crucified

for us, He shed His blood which represents life. He now sits at the right hand of the Father ever interceding for His children – those who believe on Him. Celebrate Life this Easter – Jesus our Savior.

Hebrews 2:14-18 declares: Forasmuch then as the children are partakers of flesh and blood, He also himself likewise took part of the same; that through death He might destroy him that had the power of death, that is, the devil; And deliver them who through fear of death were all their lifetime subject to bondage. For verily He took not on Him the nature of angels; but He took on Him the seed of Abraham. Wherefore in all things it behoved Him to be made like unto His brethren, that He might be a merciful and faithful high priest in things pertaining to God, to make reconciliation for the sins of the people. For in that He himself suffered being tempted, He is able to succour them that are tempted.

"LIFE IS A GIFT" - AUTHOR UNKNOWN

There was a blind girl who hated herself because she was blind.

She hated everyone, except her loving boyfriend. He was always there for her. She told her boyfriend, "if I could only see the world, I will marry you."

One day, someone donated a pair of eyes to her. When the bandages came off, she was able to see everything, including her boyfriend.

He asked her, "now that you can see the world, will you marry me?" The girl looked at her boyfriend and saw that

he was blind. The sight of his closed eyelids shocked her. She hadn't expected that. The thought of looking at them the rest of her life lead her to refuse to marry him. Her boyfriend left in tears and days later wrote a note to her saying: "take good care of your eyes, my dear, for before they were yours, they were mine."

This is how the human brain often works when our status changes. Only a very few remember what life was like before, and who was always by their side in the most painful situations.

Life Is a Gift - Today before

you say an unkind word – think of someone who can't speak.

Before you complain about the taste of your food – think of someone who has nothing to eat.

Before you complain about your husband or wife – think of someone who's crying out to GOD for a companion.

Today before you complain about life – think of someone who went too early to heaven.

Before whining about the distance you drive – think of someone who walks the same

distance with their feet.

And when you are tired and complain about your job – think of the unemployed, the disabled, and those who wish they had your job.

And when depressing thoughts seem to get you down – put a smile on your face and think: "you're alive and still around."

Author Unknown



I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well. (Psalm 139:14)

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Journey Through Life Ministries' Newsletter is a quarterly publication promoting spiritual awareness and growth in the communities.

All articles written and edited by:
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Please submit all comments and church calendar events to: journeylife@verizon.net

Journey Through Life Ministries accepts articles provided they are related to spiritual awareness and growth. All articles will be edited for content & validity.

Please note that Journey Through Life Ministries does not publish political or opinion pieces.

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Job Readiness Program

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Financial Awareness:

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What Must I Do to Be Saved?

"Jesus said unto him, "I am the way, the truth and the life, no man comes to the Father but by Me." (John 14:16)

*Are you in need of a Savior today? God loves you and offers a wonderful plan for your Life. All you need to do is pray the "sinner's prayer below!!

*Dear Jesus, I come to you today as a lost sinner. I am asking that you save my soul and cleanse me from all sin. I know that I need help and that I can't save myself. I believe that you are the Son of God. Forgive me for my sins and all wrong doings I have done to others and help me to forgive those who have hurt me.

*I realize in my heart the need of salvation, which can only come through You. I believe that you died on the Cross for my sins and the sins of the world. I accept You, Jesus, into my heart as my Lord and Savior.

*In obedience to your word, I confess with my mouth the Lord Jesus, as my Savior and believe in my heart that God has raised Him from the dead and You are now seated in Heaven.

*You have said in your Word which cannot lie, "for whosoever shall call upon the name of the Lord shall be saved (Romans 10:13)."
"I have called upon your name exactly as you have said, and I believe that right now, I am saved.

*If you have sincerely prayed these words, which have been written out for you, and believed in your heart on the Lord Jesus Christ as your Savior, you are at this moment saved, and your name is written down in the Lamb's Book of Life. Congratulations! You are a "new creature in Christ and a child of God!" Now share the "good news" by telling someone else about your salvation.

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